



Children's Education Society (Regd.)

# The Oxford College of Pharmacy

(Recognised by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka;

Approved by Pharmacy Council of India, New Delhi)

Accredited by NAAC and International Accreditation Organization (IAO)

## 7.1.9 - Sensitization of students and employees of the Institution to the constitutional obligations: values, rights, duties and responsibilities of citizens

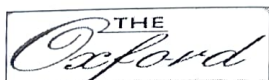
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P. Padua

PRINCIPAL

The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru  
Bangalore - 560 068



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DATE: 12/08/2022

**CIRCULAR**

India celebrating their 76th Independence Day on August 15, 2022. The Oxford College of Pharmacy invites all the faculty members and students to join the gathering on this occasion on 16 August to remember the sacrifice of our freedom fighters to secure our independence. All are requested to participate actively.

*P. Padma*

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IQAC

PROGRAMME ON  
"INDEPENDENCE DAY 2022"  
15<sup>th</sup> of August 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. JYOTI SRIVASTAVA  
HOD,  
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY



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## PREAMBLE

Independence Day is one of the proudest and prestigious day for every Indian and it is celebrated throughout India in every corner of the country on 15<sup>th</sup> August every year. The theme for this year's celebration is "Nation First, Always First". This theme is in line with the government's focus on national unity and development. Independence Day is celebrated by every citizen of India irrespective of caste, creed and religion. The Oxford College of Pharmacy, Bangalore celebrated 76<sup>th</sup> Independence Day, which is themed "Nation First, Always First" with great enthusiasm on 16<sup>th</sup> August 2022.

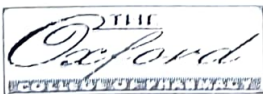
In line with the government's focus on national unity & development. The Oxford College of Pharmacy all the faculty members and students assembled at the entrance and was addressed by the Principal Dr Padmaa M Paarakh, followed by HOD's of various departments. Ms Yuktha. represented the students and shared her views on theme. There were 80 participants.

All the faculty members and the students uploaded the selfies and photographs with their family while hoisting the flag and celebrating the Independence Day.

Our Principal Dr Padmaa M Paarakh appreciated the effort of making "har ghar tiranga" concept and congratulated the faculty members for uploading the photos and enjoying the Independence day with the family and cheering for India in the Photos..

Dr Jyoti Shrivastava, Head of the Department from Pharmaceutical Chemistry also appreciated the effort taken by the faculty members in celebrating the Independence Day in the Tiranga theme.

Few students prepared posters and the enthusiasm among them waving the Indian flag truly shows the proud feeling of a patriotic citizen.



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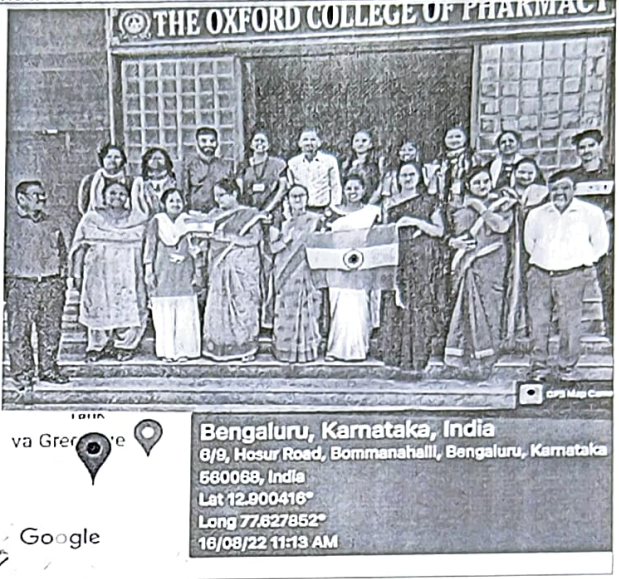
Some Photos from the celebration of 76th Independence Day on 16<sup>th</sup> August 2022.



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### Outcome

All the students and faculty members celebrated the Independence Day and enjoyed at the fullest and felt proud for the country.

END OF THE REPORT

*P. Padma*  
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DATE: 12/08/2023

**CIRCULAR**

India celebrating their 77th Independence Day on August 15, 2023. The theme for this year's celebration is "Nation First, Always First". In line with the government's focus on national unity & development. The Oxford College of Pharmacy invites all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group. The platform of creativity can be shown by any means such as a skit video, Paintings, Rangoli, etc. All are requested to participate actively.

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PROGRAMME ON

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15<sup>th</sup> of August 2023

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In line with the government's focus on national unity & development. The Oxford College of Pharmacy invited all the faculty members and students to showcase their creativity and activity with the selfie, alone or with family members or with friends posted in their official group.

All the faculty members and the students uploaded the selfies and photographs with their family while hoisting the flag and celebrating the Independence day.

Our Principal Dr Padmaa M Paarakh appreciated the effort of making "har ghar tiranga" concept and congratulated the faculty members for uploading the photos and enjoying the Independence day with the family and cheering for India in the Photos. There were 42 participants.

Dr Jyoti Shrivastava, Head of the Department from Pharmaceutical Chemistry also appreciated the effort taken by the faculty members in celebrating the Independence Day in the Tiranga theme.

Dr Noopur Shrivastava also motivated by uploading the selfies with the flag to celebrate the Independence Day with full enthusiasm and Josh to make India Proud.



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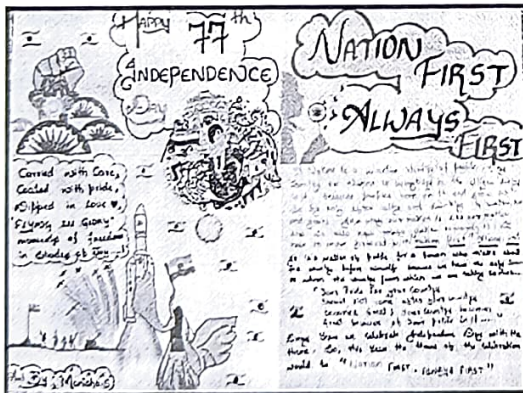
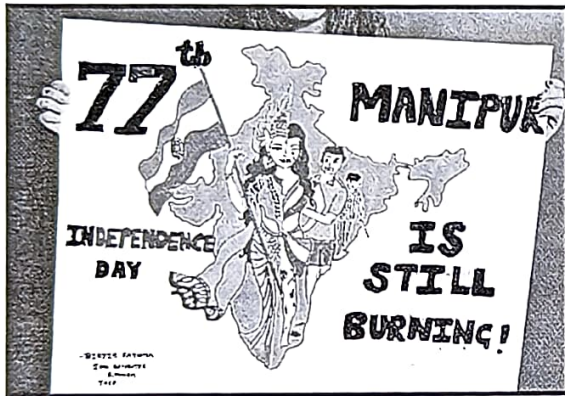
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Dr Gururaj Kulkarni, Head of the Department, Department of Pharmaceutics, wished everyone Independence day and shared the Flag hoisting from his Residence and motivated others also to go and celebrate the Independence day in public gathering.

Many students also uploaded the Posters in the group.

Some Photos from the celebration of 77th Independence Day on 15<sup>th</sup> August 2023.



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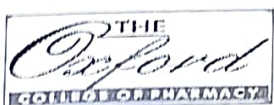
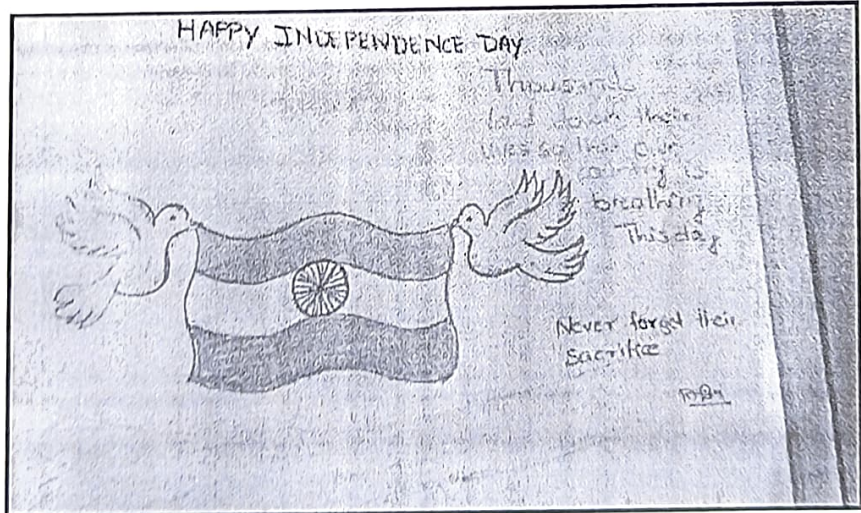
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## Outcome

All the students and faculty members celebrated the Independence Day and enjoyed at the fullest and felt proud for the country.

END OF THE REPORT

*P. Padma*

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Date: 02/09/2022

## CIRCULAR

All the teaching staff, non-teaching staffs and students of The Oxford College of Pharmacy are hereby informed that the Teacher's Day for the academic year 2022-2023 will be celebrated on the 5<sup>th</sup> of September 2022. All are requested to assemble in the Auditorium by 3 pm. We look forward the active participation for the same.

*P. Padma*  
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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANISED PROGRAMME

ON

“TEACHER’S DAY CELEBRATION 2022”

5<sup>TH</sup> OF SEPTEMBER 2022

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

ORGANIZER

MRS. SURINDER KAUR  
ASSISTANT PROFESSOR, DEPARTMENT OF  
PHARMACEUTICS.



Bengaluru -560 068

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### PREAMBLE

The Oxford College of Pharmacy, Cultural Committee, IQAC, Bangalore celebrated "Teachers's day" on 5<sup>th</sup> September 2022. Mrs. SURINDER KAUR, Assistant Professor, Department of Pharmaceutics. Initiated the celebration of the program along with students.

### The content of the Session:

"Teacher's Day 2022" celebration was organized by The Oxford College of Pharmacy, Bangalore on 5<sup>th</sup> September 2022.

On this day, students around the country pay their respects and express gratitude, love and respect to their teachers and professors. Many cultural events are also organised by the students to entertain and give their teachers a day to remember. Speeches on why we celebrate Teachers' Day and how Dr. Sarvepalli Radhakrishnan contributed to society was given by UG and PG students belonging to department of pharmacy.

The teacher's day celebration started with inviting the Principal and the teachers for the function through an invitation card. The function started with a welcome speech by Mr. Kushan Raj P the class representative of final B Pharm. It was followed by a devotional song sung by Padmashree of 2<sup>ND</sup> year Pharm D and Yeshashwani of 2<sup>nd</sup> year B Pharm. The students of different classes spoke in the appreciation of their teachers. The teachers also spoke about their experiences during their teaching tenure and remembered many students for their good behavior, naughtiness, being in good positions, etc. IT was followed by a group activities for the teachers which was filled with enthusiasm. The principal madam including the other teachers spoke about the co-faculty members about their work ethics, etc. Few students from the PG spoke about their teachers and the HODs Dr. Guru S Raj Kulkarni, Dr. G Parthasarathy also took the initiative to appreciate their teachers and thank the students for conducting the function.

Convener, Dr. Padmaa M Paarakh, Principal of The Oxford College of Pharmacy, spoke about her teachers, the good qualities she observed in the teachers and appreciated all the students for taking the initiative in celebrating and remembering their teachers on the TEACHER'S DAY. She thanked all the teachers for being a wonder full team and inculcating overall discipline in the students and for giving their 100% in the academics.

Dr. Noopur Srivastava, HOD of Pharmacology, The Oxford College of Pharmacy, gave the vote of thanks.

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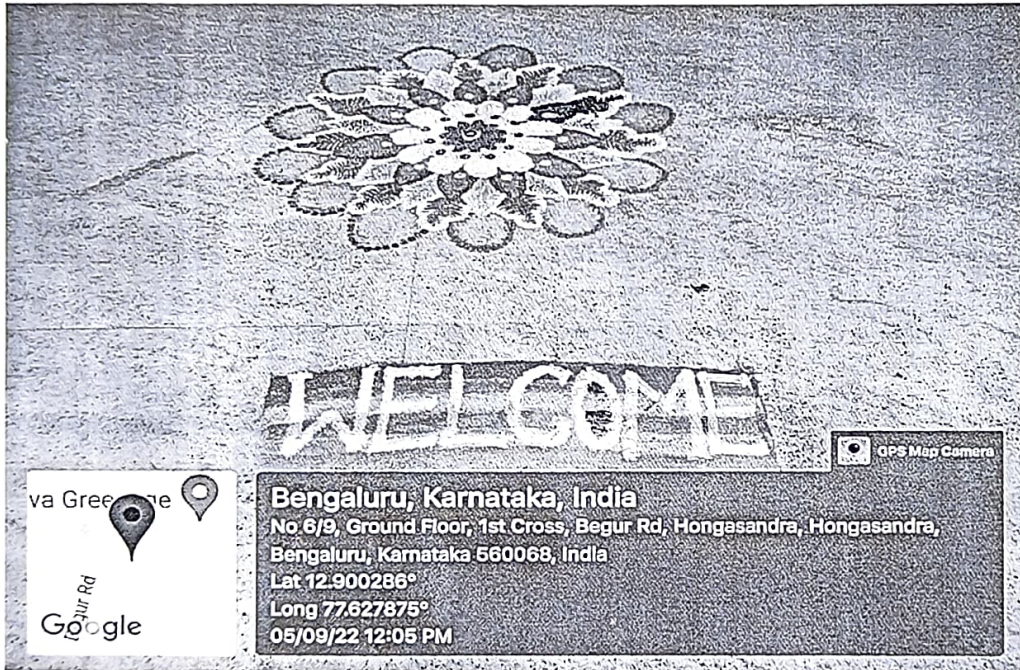
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The function was concluded by giving gifts to the teachers as a token of appreciation and thankfulness. There were around 50 participants.

Warm Welcome to the Teaching Faculty



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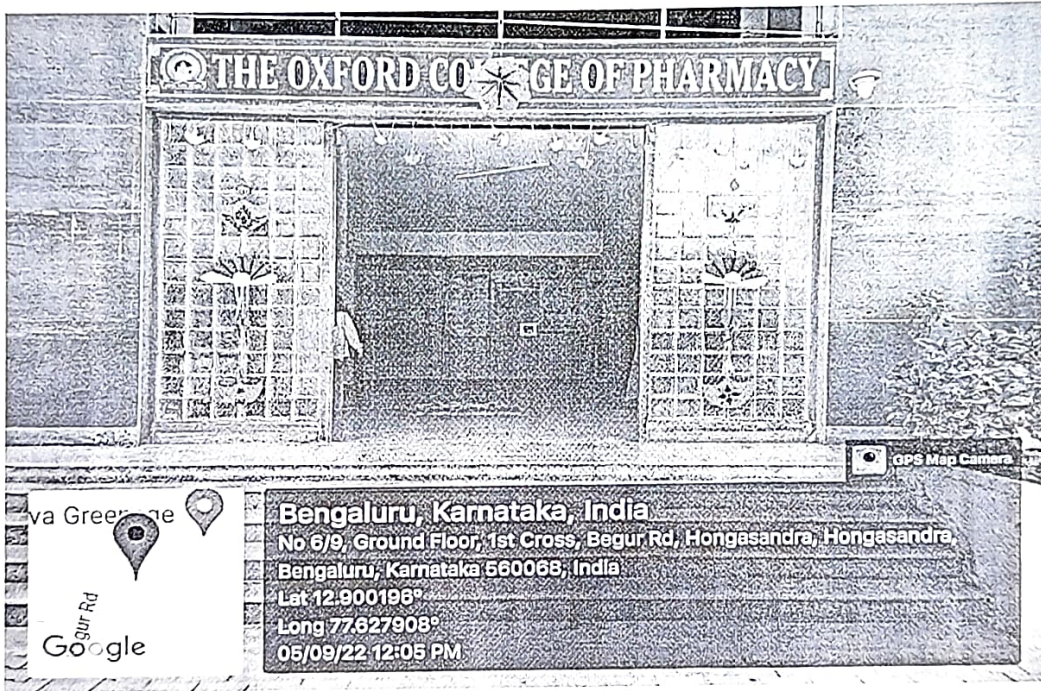
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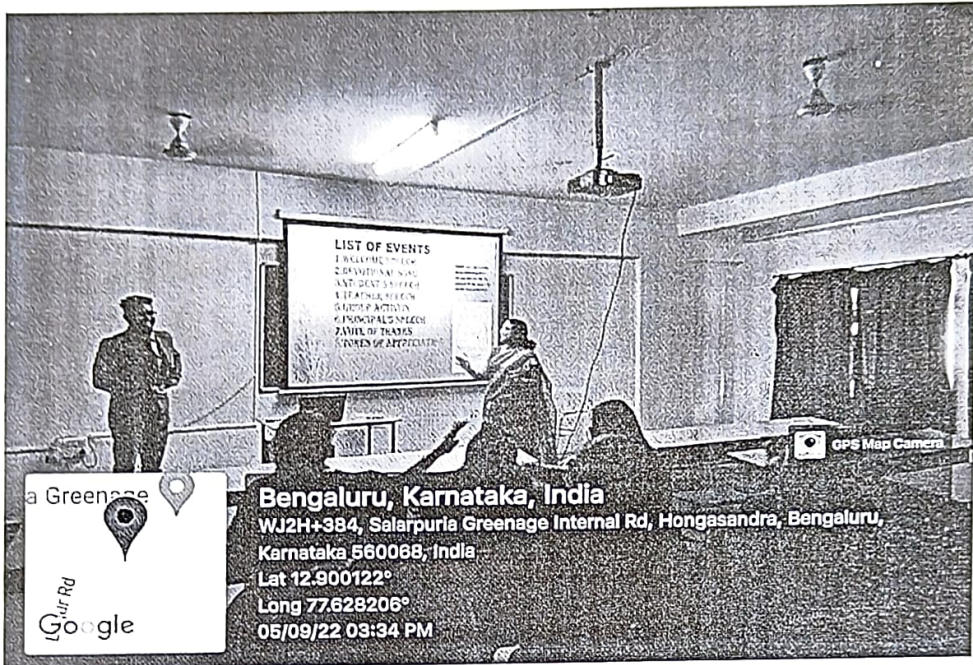
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## Interaction between Principal Madam and Student.



## Views of Dr. Noorpur S Madam on Teaching as a profession



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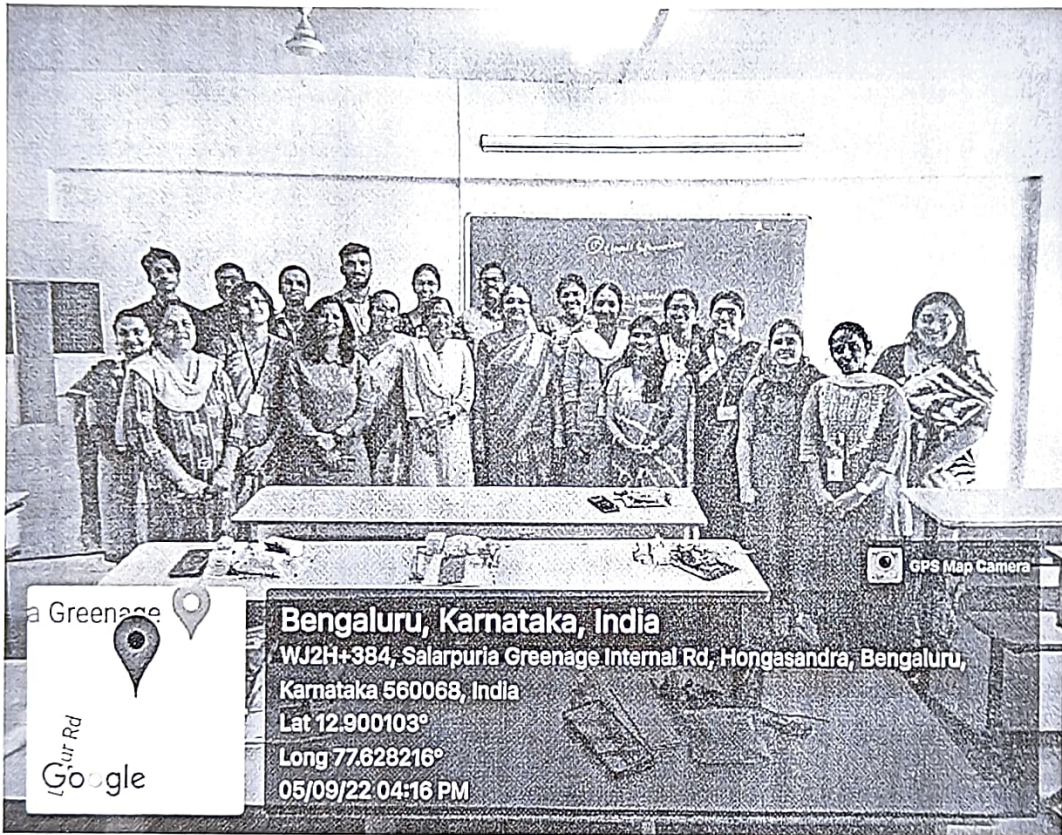
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## Memories of the Teacher's Day Celebrations



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Long 77.628216°

05/09/22 04:16 PM



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## OUTCOME OF THE PROGRAM

Teacher's Day was celebrated on 5<sup>th</sup> September 2023. The day was marked for the celebration as Teachers' Day since 1962 in respect and in memory of Dr. Sarvepalli Radhakrishnan who was born on 5th September, 1888. The celebration started with devotional song (Vandana) followed by the speech from the students. An inspirational lecture on the topic Priority management for individual (to become a better teacher), was given by the Principal, and followed by this exciting games were organized for all Teaching & Non-Teaching Staff was held and gifts were given.

END OF THE REPORT

P. Padma

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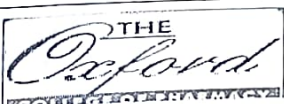
Date: 25/10/2022

## CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that programme on 'NATIONAL UNITY DAY 2022' will be conducted on 31/10/2022. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZED

PROGRAMME

ON

NATIONAL UNITY DAY

ON

MONDAY, 31 OCTOBER 2022

## CHIEF PATRON

SHRI. S.N.V. L. NARASIMHARAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

## CONVENER

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

## ORGANIZING SECRETARY

Ms LIJI JOY  
ASST PROFESSOR,  
DEPARTMENT OF PHARMACY PRACTICE  
THE OXFORD COLLEGE OF PHARMACY



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Children's Education Society (Regd.)

# The Oxford College of Pharmacy

(Recognised by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka,  
Approved by Pharmacy Council of India, New Delhi)

Accredited by NAAC and International Accreditation Organization (IAO)

## PREAMBLE:

The Oxford College of Pharmacy, Department of Pharmacy Practice, Bangalore celebrated "National Unity Day" on 31 October 2022. There were totally 60 participants of students of different classes.

Ms Liji Joy, Assistant Professor, Department of Pharmacy Practice organized the celebration on the occasion of "National Unity Day" and Dr. G Parthasarathy, Professor and Head of the Department of Pharmacy Practice emphasized the importance of the day.

Rashtriya Ekta Diwas or National Unity Day was introduced by the government of India in 2014 to pay tribute to great man who unified the country. While declaring October 31 as National Unity Day, the government said in an official statement that this occasion "will provide an opportunity to reaffirm the inherent strength and resilience of our nation to withstand the actual and potential threats to the unity, integrity, and security of our country."

## THE PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Ms Liji Joy, Programme organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

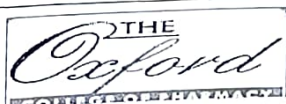
Dr. Parthasarathy G, HOD, Department of Pharmacy Practice, was invited to talk about National Unity Day /Rashtriya Ekta Diwas. The birth anniversary of Sardar Vallabhbhai Patel—the first home minister of Independent India—is celebrated as National Unity Day or Rashtriya Ekta Diwas. Vallabhbhai Jhaverbhai Patel also dubbed as 'Sardar Patel' was born on October 31, 1875, into a landowning family of the Leva Patidar caste.

Sardar Patel achieved the incredible feat of persuading almost every single one of the 565 self-governing princely states, that had been released from British suzerainty, to accede to the Union of India. For his commitment to the national integration of the newly independent country, Sardar Patel earned the sobriquet "Iron Man of India".

The event was organized by the Department of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 11:30 to 12:30 PM headed by Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

A Pledge was taken by the students headed by Dr Sripriya C, Asst Professor as follows- "I solemnly pledge that I dedicate myself to preserve the unity, integrity, and security of the nation and also strive hard to spread this message among my fellow countrymen. I take this pledge in the spirit of unification of my country which was made possible by the vision and actions of Sardar Vallabhbhai Patel. I also solemnly resolve to make my own contribution to ensure the internal security of my country."

A total of 60 students from both B Pharm and pharm D were participated in this session.



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The organizer Ms Liji Joy concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, Dr. Parthasarathy G HOD, Department of Pharmacy Practice for encouraging to organize such an event and extended all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 60 participants

Schedule: On 31 Oct 2022

Time Schedule	Programme
11:30-12:30 PM	"National Unity Day 2022"

*P. Padma*  
Principal

**PRINCIPAL**  
The Oxford College of Pharmacy  
No 6/9, 1st Cross, Begur Road, Hongasandra  
Bangalore - 560 068



National Unity day 2022 is celebrated on behalf of the birth anniversary of Sardar Vallabhbhai Patel



Organised by:

The Oxford College of Pharmacy

BENGALURU, KARNATAKA

Alone You are a drop, but in a Team,  
We form an ocean

Resource Person,

Dr. G. Parthasarathy  
Professor & HOD  
Department of Pharmacy Practice,  
The Oxford College of Pharmacy



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**Bengaluru, Karnataka, India**

No 6/9, Ground Floor, 1st Cross, Begur Rd, Hongasandra,

Hongasandra, Bengaluru, Karnataka 560068, India

Lat 12.900133°

Long 77.627762°

31/10/22 11:51 AM GMT +05:30



**Bengaluru, Karnataka, India**

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## OUTCOME OF THE PROGRAMME

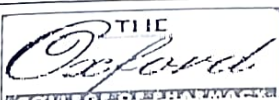
The programme made students realize that National Integration helps in keeping the stability of the country and helps in the development. It nourishes communal harmony and fights casteism, regionalism and linguistic differences. It enhanced the feeling of loyalty towards the nation and aims at unifying people. This programme is anticipated to positively impact their future interactions with diverse populations and contribute to a more compassionate environment.

END OF REPORT

*P. Padma*

**PRINCIPAL**

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DATE: 23/01/2023

## CIRCULAR

### Celebration of 74th Republic Day.

India celebrating their 74th Republic Day on January 26, 2023. The Oxford College of Pharmacy invites all the students to showcase their creativity and activity. Following are the list of events is going to be conducted on January 26, 2023.

- Face Painting
- Slogan Competition
- Extempore

*P. Padma*

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DEPARTMENT OF PHARMA CHEMISTRY, IQAC

ORGANISED PROGRAMME

ON

“REPUBLIC DAY 2023”

26<sup>TH</sup> JANUARY 2023

CHAIRMAN

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

DR. JYOTI SRIVASTAVA

HOD,

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY

TOCP



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## PREAMBLE

On the auspicious morning of 26<sup>th</sup> January 2023, The Oxford College of Pharmacy, Bangalore celebrated 74<sup>th</sup> Republic Day in the college premises. It was the matter of great pride for all of us. The principal, teachers and the students didn't want to leave any stone unturned in making this monumental day a memorable one. Republic Day is always a proud moment for every Indian to celebrate, which is celebrated throughout India and every corner of the country on 26<sup>th</sup> January every year irrespective of caste, creed and religion. The Oxford College of Pharmacy, Bangalore celebrated 74<sup>th</sup> Republic Day, which is themed as **75th Azadi Ka Amrit Mahostav** with great enthusiasm on 26<sup>th</sup> January 2023. While India gained independence from the British Raj in 1947, it wasn't until January 26, 1950, that the Indian Constitution came into effect, and India became a sovereign state, declaring it a republic. Dr. BR Ambedkar headed the Drafting Committee of the Constitution. Additionally, Constitution Day is celebrated in India on November 26 every year, as on November 26, 1949, the Constituent Assembly of India adopted the Constitution of India.

On the special occasion, we also mark the festival of Basant Panchami. To celebrate the festival, faculty and students gathered to pay homage to the goddess of knowledge and wisdom, Saraswati, with a traditional Aarti and Bhajan ceremony. The simultaneous celebration of two important events added to the cultural richness and diversity of the day's festivities. The university community came together to celebrate India's constitutional values and rich cultural heritage, making the day a truly memorable one.

The campus was beautifully decorated with flags and rangoli to commemorate the day. All the students, teachers, and non-teaching staff gathered in the college premises at 8.15 a.m. The programme started at 8.30 a.m. Our beloved principal Dr Padmaa Paraakh welcomed all the members present for the function. She motivated our college students for various patriotic performances and shared with everyone to be good citizen of India by showing sincerity and punctuality in development of our nation. All must work hard and should not postpone their duties. She appreciated the consistent endeavours of our armed forces in protecting our country bravely. She urged students to realize, understand and cherish our coveted freedom and work towards a progressive nation. She extended her warm greetings on the occasion. After that our principal madam hoisted the Flag and we sang flag song and National Anthem together.

After that Dr. Jyoti Shrivastava, HOD, Professor, Department of Pharm Chemistry, The Oxford College of Pharmacy, gave an in-depth speech on how we got freedom.



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Dr Parthasarthy, Professor, HOD, Department of Pharmacy Practice, The Oxford College of Pharmacy, also gave a speech on the importance of Republic Day to Indians. He talked about the date was specifically chosen as it marks the anniversary of Purna Swaraj Day, which was held on January 26, 1930. The Purna Swaraj resolution made on January 26, 1930, called for "complete freedom from the British rule".

Dr. Noopur Srivastava, HOD, Department of Pharmacology, The Oxford College of Pharmacy, gave the vote of thanks. The function was concluded by thanking teachers, students, and non-teaching staff.

The program ended with the message to create a great nation through collective efforts from all individual. Sweets were distributed amongst all.

To celebrate the day four programs were conducted in the Auditorium- Extempore, Slogan Competition, Face Painting and Sudoku.

The Face painting competition was organised in the Room no 404 and other events in the Auditorium. The judges for the Face painting were Mrs Divya S Kumar, Mrs Sravani T, Mrs K Bhavani and Dr Noopur Shrivastava. There were over all 75 participants.



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THE OXFORD COLLEGE OF PHARMACY

## OVERALL RESULT

Name of the Event: Face Painting

Total points:15

S.No.	Name of the Participant	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total	
1.	TEAM A	11.5	12.5	10	13		11.75	III Position
2.	TEAM B	11.5	11	9	11		10.62	
3.	TEAM C	9.5	9	10	11		10	
4.	TEAM D	9	8.5	14	10.5		10.5	
5.	TEAM E	12.5	13.5	12	13.5		12.87	II Position
6.	TEAM F	6.5	9.5	11	13.5		10.12	
7.	TEAM G	10.5	10	12	11.5		11	
8.	TEAM H	13.5	13	13	12.5		13	I Position

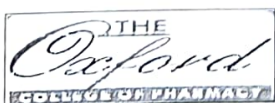
The judges for the Face painting were Mrs Divya S Kumar, Mrs Sravani T, Mrs K Bhavani and Dr Noopur Shrivastava.

### RESULT:

I Position: TEAM H- Ms Umme Habiba and Yaseen (I MPH)

II Position: TEAM E- Ms Athamja Shetty and Monisha KC (II MPH)

III Position: TEAM A- Ms Swathi and Ms Kruthika (III MPH)



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**OVERALL RESULT**

Name of the Event: Slogan Competition

Total points:15

S.No.	Name of the Participant	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total	
1.	TEAM A	13	12	12	12		12.25	II Position
2.	TEAM B	11	9	9	9		9.5	
3.	TEAM C	10	8	9	8		8.75	
4.	TEAM D	14	13	11	13		12.75	I Position
5.	TEAM E	11	10	10	9.5		10.12	
6.	TEAM F	12.5	11	11	9		10.87	III Position

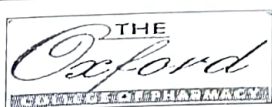
The judges for the Slogan competition were Mrs.Uma Prabha, Mrs Keerthana CK, Mrs Vishnupriya S and Dr Parthasarthy G.

**RESULT:**

I Position: **TEAM D- Mr Shailesh (III BPH)**

II Position: **TEAM A- Ms Keerthana K (II BPH)**

III Position: **TEAM F- Ms Deepti Choudhary (III Pharm D)**







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## OVERALL RESULT

Name of the Event: Extempore

Total points:20

S.No.	Name of the Participant	Judge 1	Judge 2	Judge 3	Judge 4	Judge 5	Total	
1.	TEAM A	11	19	15			15	I Position
2.	TEAM B	16	14	14			14.6	II Position
3.	TEAM C	9	14	15			12.6	
4.	TEAM D	12	17	16			15	I Position
5.	TEAM E	17	12	10			13	

The judges for the Slogan competition were Mrs Surinder Kaur, Dr Vikram, Dr Karthik and Dr Parthasarthy G.

### RESULT:

I Position: TEAM D- Ms Kavya (IV BPH)

I Position: TEAM A- Ms Deepthi (III Pharm D)

III Position: TEAM B- Mr Udaya Kumar (II BPharm)

Name of the Event: Sudoku

Participants- All the students participated.

I Position: Ms Kavya P Reddy (V SEM BPH)

II Position: Mr Prem Raj T (V Pharm D)

III Position: Mr Deepak Choudhary (IV Pharm D)



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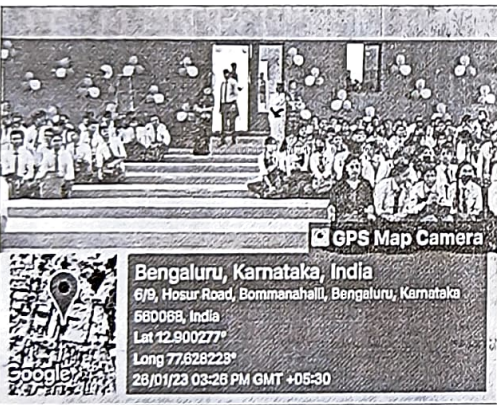
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Some Photos from the celebration of 74<sup>th</sup> REPUBLIC DAY on 26<sup>th</sup> January 2023.



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## OUTCOME

All the student & faculty member celebrated the republic day and enjoyed at the fullest and felt proud for the country.

END OF REPORT

P. Padma

Principal

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Date: 25/02/2023

### CIRCULAR

The NSS unit of The Oxford College of Pharmacy is organizing the "National Science Day" in The Oxford College of Pharmacy on 28/02/2023. We request the active participation of the staff and students for the same.

*P. Padma*

PRINCIPAL

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DEPARTMENT OF PHARMACOLOGY, IQAC

ORGANIZED PROGRAMME ON

“NATIONAL SCIENCE DAY”

ON

TUESDAY, 28<sup>th</sup> February, 2023

### CHIEF PATRON

DR. S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

### CONVENER

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

### ORGANIZING SECRETARY

Dr. NOOPUR SRIVASTAVA  
ASSOCIATE PROFESSOR  
DEPARTMENT OF PHARMACOLOGY,  
TOCP



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### PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IIC, organized "National Science Day" with an aim to recognize and appreciate the contributions of scientists and researchers to the field of science and to create awareness among the students about the importance of science and its applications in everyday life as well as to promote and nourish interest in science and technology. The program was conducted on February, 28<sup>th</sup> 2023.

Ever since 1987, our country has been celebrating the National Science Day on 28<sup>th</sup> February to commemorate the discovery of the 'Raman Effect' by one of the renowned Physicist of India- Sir CV Raman. This year, the theme was 'Integrated Approach in Science and Technology for Sustainable Future'.

### THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. Noopur Srivastava, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

On the occasion there were Poster, Working Models and Origami Models competitions. There was enthusiastic participation for all the competitions from the students. Students from various under graduate and post-graduate courses had participated enthusiastically in the event. Students were shown their creative ideas and knowledge in posters and models. Dr. Parthasarthy Prof. & HOD, Pharmacy practice formally welcomed all the participants gathered for the celebration and spoke on the importance of National Science Day and the life and works of noble laureate Sir C V Raman. Dr. Padmaa M Paarakh Principal, The Oxford College of Pharmacy emphasized the need to go beyond textbooks and imbibe the knowledge from all the spheres for the overall development of any pharmacist. She encouraged and motivated students to take up challenges and put efforts to achieve excellence in their life. Dr. Gururaj S Kulkarni Prof. & HOD, Department of Pharmaceutics reflected on how Science and Technology should walk hand in hand to solve the current societal problems. Honourable Principal, HODs and faculties appreciated the science projects exhibited by the students in the science fair.

The students of M. Pharm (Pharmacology, Pharmaceutics), Pharm D, B Pharm and D Pharm were



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participated in the Programme. At the end of it, the results of various competitions like Working Science Model Competition and Origami Model Competition were announced by Dr. Noopur Srivastava Associate Professor Department of Pharmacology. Students were shown their creative ideas and knowledge in posters and models. Fresh ideas in a competition got opportunity to win prizes in the occasion. The higher authority congratulated all the prize-winners. Finally, Mrs. Bhavani, Assistant Professor, Department of Pharmacology concluded the program with vote of thanks. She thanked Chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The oxford college of pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 50 participants

Schedule: On 28<sup>th</sup> February, 2023

Time Schedule	Programme
3:10 P.M-3:30 P.M	Display of Models (Working models, Origami Models)
3:30 P.M-4:00 P.M	Presentation for Models by Students



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CHILDREN'S EDUCATION SOCIETY (REGD.)  
**THE OXFORD COLLEGE OF PHARMACY**  
6/9, 1<sup>ST</sup> MAIN BEGUR ROAD, HONGASANDRA, BANGALORE-560068



DEPARTMENT OF PHARMACOLOGY, IIC

# NATIONAL SCIENCE DAY

## 28<sup>TH</sup> FEBRUARY 2023

**THEME:** Integrated Approach in Science and Technology for Sustainable Future

PATRON

**SHRI S. N. VL. NARASIMHARAJU**  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

**DR. PADMAVATI HARATH**  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

**DR. NOOPUR SRIVASTAVA**  
DEPARTMENT OF PHARMACOLOGY  
THE OXFORD COLLEGE OF PHARMACY  
BANGALORE



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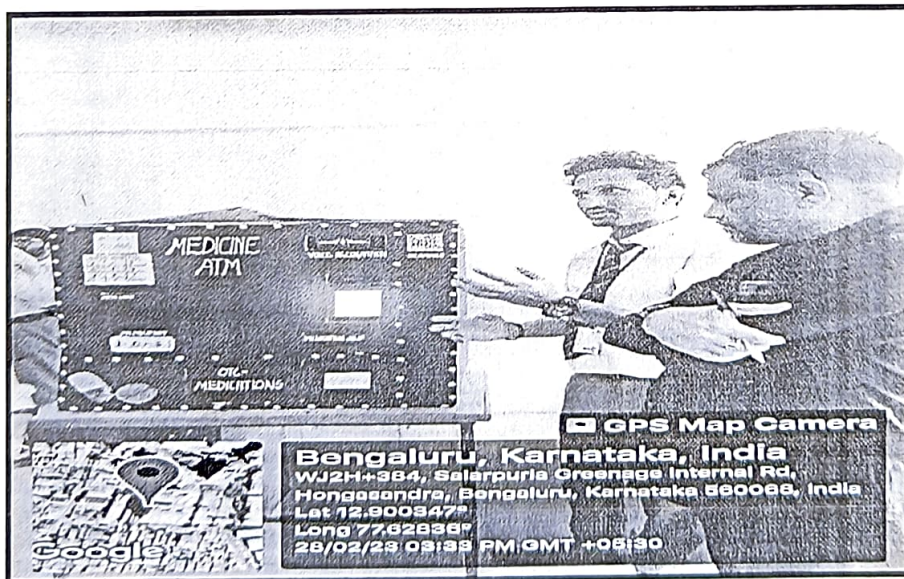


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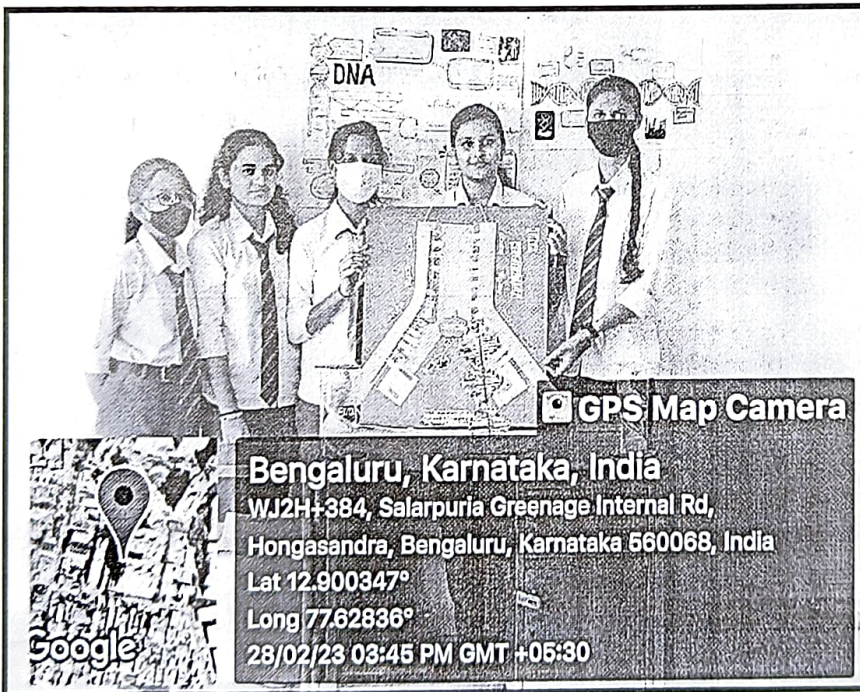


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### OUTCOME OF PROGRAM:

National Science Day's was conducted to ignite an interest in to the students, to perform new experiments, and make them aware of the latest developments in science and technology. At the end of it, the results of various competitions like Working Science Model Competition and Origami Model Competition were announced. Students were shown their creative ideas and knowledge in posters and models. Fresh ideas in a competition got opportunity to win prizes in the occasion. The higher authority congratulated all the prize-winners.

*P. Padma*

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Date: 04/03/2023

## CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that the "International Women's Day" will be celebrated on the 8<sup>th</sup> of March 2023. All are requested to assemble in the room number 505 by 3pm. We look forward for the active participation for the same.

*P. Padma*

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Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANIZED

AWARENESS PROGRAM

ON

“INTERNATIONAL WOMEN'S DAY”

ON

WEDNESDAY, 08<sup>TH</sup> MARCH 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Mrs. SURINDER KAUR

ASST PROFESSOR,

DEPARTMENT OF PHARMACEUTICS,

TOCP



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## PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, celebrated "Women's Day" on 08<sup>th</sup> March 2023. There were both teachers and students who attended it from different classes. Mrs. Surinder Kaur, Assistant Professor, department of Pharmaceutics organized the celebration on the occasion of "Women's Day" and Dr. G. Venkata Karthik, Assistant Professor of Pharmacology Department gave a talk on Women's Day.

## THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The organizer Mrs. Surinder Kaur concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L. Narasimha Raju, The Oxford Group Of Institutions, Dr. Padma M Paarakh, principal, the Oxford College of Pharmacy for organizing such an event and Dr. Guru Raj S Kulkarni, HOD, Department of Pharmaceutics. There was a poster presentation competition in the program.

No of participants: 70 participants

Schedule: On 8<sup>th</sup> March 2023

Time Schedule	Program me
3-4pm	"INTERNATIONAL WOMENS DAY 2023"



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## MARCH *International* Women's Day

THEME: "INNOVATION AND TECHNOLOGY FOR GENDER  
EQUALITY"

**CHIEF PATRON**

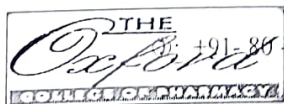
Shri SNVL Narasimha Raju  
Chairman  
The Oxford Educational  
Institutions

**CONVENER**

Dr Padmaa M Paarakh  
Principal  
The Oxford College of  
Pharmacy

**ORGANIZING COMMITTEE**

Department of  
Pharmaceutics  
The Oxford College of  
Pharmacy



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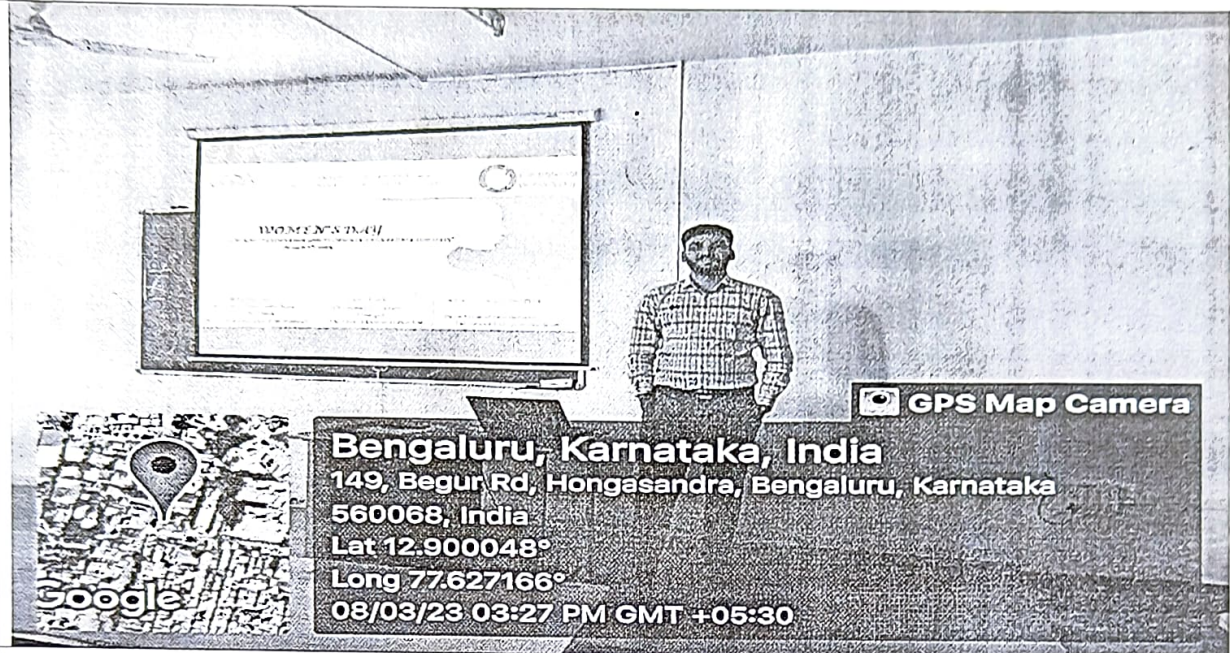
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Dr.G,Venkata Karthik , Assistant Professor of Pharmacology Department  
giving a talk on Women's Day.



Boy students showed up in more numbers to attend the women's day



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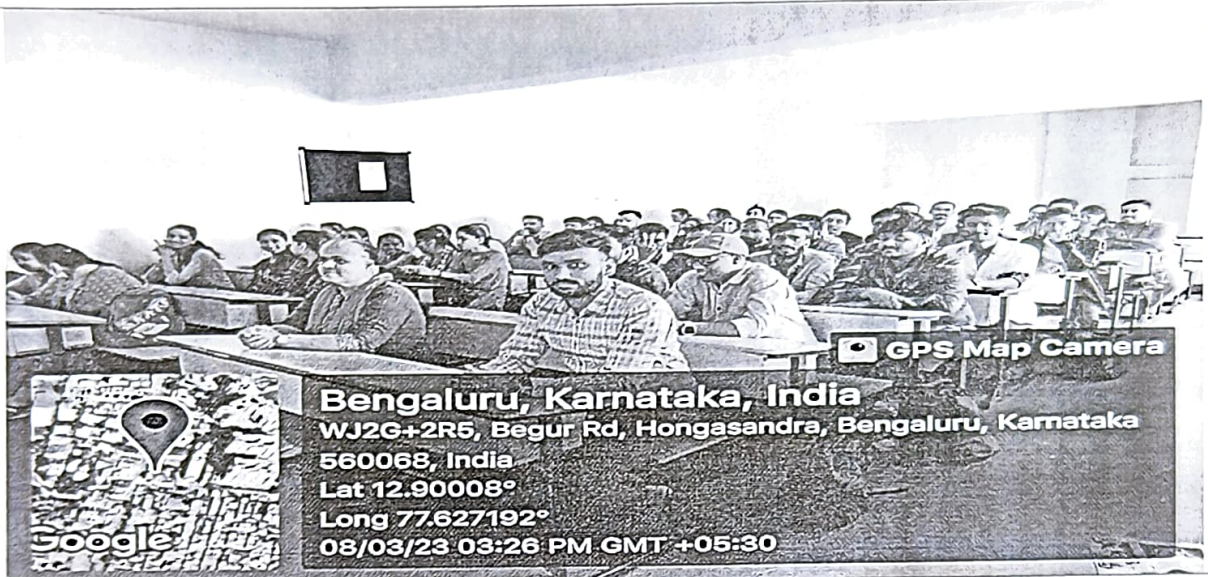
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Keen Listeners on the Occasion



**Bengaluru, Karnataka, India**

WJ2G+2R5, Begur Rd, Hongasandra, Bengaluru, Karnataka

560068, India

Lat 12.90008°

Long 77.627192°

08/03/23 03:26 PM GMT +05:30

POSTER PRESENTATION ON WOMEN AND TECHNOLOGY

JUDGES MRS. JOYCE & MRS NAGALAKSHMI



**Bengaluru, Karnataka, India**

WJ2H+384, Salarpuria Greenage Internal Rd, Hongasandra,

Bengaluru, Karnataka 560068, India

Lat 12.900354°

Long 77.62838°

08/03/23 03:47 PM GMT +05:30



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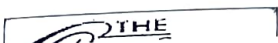
## PARTICIPANTS



## BEST POSTER OF THE DAY



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STUDENTS SPREADING AWARENESS REGARDING EMPOWERMENT OF WOMEN IN SOCIETY



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### OUTCOME OF THE PROGRAM

The program emphasized on the empowerment of the women in Indian society. The painting of the students depicted the vulnerable condition and plights of the women in the society. The program boosted the participants to stand against every injustice that a woman goes through in the Society. On this occasion, students and faculty joined together and went to promote awareness among the women about their right, equality and privileges in the society. The efforts taken for the awareness of empowerment of the woman by the college was appreciated much by the society.

END OF REPORT

*P. Padma*

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Date:10/4/23

CIRCULAR

The NSS unit of the Oxford college of pharmacy is organizing the Dr.B R Ambedkar Jayanti at The Oxford college of pharmacy on 14/04/2023 at 9.30am. We request the active participation of the staff and students for the same.

*P. Padma*

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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZE

AWARENESS PROGRAM

ON

“B R AMBEDKAR JAYANTI”

14<sup>TH</sup> APRIL-2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

**ORGANIZING SECRETARY**

MRS.LIJI  
ASSISTANT PROFESSOR,  
DEPARTMENT OF PHARMACY PRACTICE  
TOCP



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**PREAMBLE:**

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "Dr B R AMBEDKAR JAYANTI" with an aim to raise an awareness program to educate our staffs and students about the contribution of Dr B R Ambedkar to our nation. The program was conducted on april 14<sup>th</sup> 2023.

The major contribution by Dr. Ambedkar was helping dalits to get equal authority, status and respect in society as others. He is one of the greatest leaders in Indian history. He always fought against the discrimination happening against the dalits. He form new laws in support of dalits and gave them education and equal rights as other caste. We should pay him respect and tribute on what he had contributed to indian law and constitution .Because of him, many students are able to get quality education in india at lesser fee. There are people who are economically backward and cannot afford education in high level institute, but because of B R Ambedkar even they are able to get high quality education for their children which will secure the future of India.

**THE AWARNESS PROGRAM DELIVERED AS FOLLOWS:**

The program started with a welcome note by Mrs Liji, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy. The program started with a lamp lighting ceremony.

Dr. G Parthasarathy HOD, Department of Pharmacy practice, was invited to talk about the B R Ambedkar day. He delivered message about the importance of the day. One of the reasons of celebrating Ambedkar jayanti is to inspire the youth by reminding them of the heroic deeds of Dr Ambedkar.

The program has three different sessions which is delivered by students of III PharmD. Around 100 participants including staffs and students of oxford college of Pharmacy were attended the program.

The student staged a play on the role of Dr. Ambedkar which was witnessed by all staff members. III PharmD students organized a programme on "Role of Dr. Ambedkar in framing Indian constitution. Dr Padmaa M Paarakh Principal highlighted the contributions of Ambedkar in framing and designing the Indian constitution. Students and faculty members of the college paid tribute to Dr Ambedkar who was a social reformer, Jurist, Economist, Author and a great Scholar and thinker.



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On this Occasion, A documentary on life and contribution of Ambedkar was shown to students. The achievements and contributions of Ambedkar was highlighted and his major contributions to uplift the lower caste people were also highlighted. Dr. Ambedkar was a strong advocate of social justice, equality and human rights.

The organizer Mrs. Liji concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L. Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, the Oxford college of pharmacy for organizing such an event and Dr. G Parthasarathy HOD, Department of Pharmacy practice. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 80 participants

Schedule: On 14<sup>th</sup> April 2023

Time Schedule	Programme
9.30am	Dr B R Ambedkar Jayanti



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**INVITES YOU FOR DR. B R  
AMBEDKAR JAYANTHI**

**DATE: APRIL 14 2023      TIME: 9:30AM**  
**VENUE: 505 TOCP**

**ORGANISED BY DEPARTMENT OF PHARMACY PRACTICE**

<b>CHIEF PATRON</b> SHRI S.N.V.L. NARASIMHA RAJU CHAIRMAN THE OXFORD GROUP OF INSTITUTIONS	<b>CONVENER</b> DR. PADMAA M. PAARAKH PRINCIPAL THE OXFORD COLLEGE OF PHARMACY	<b>ORGANISING SECRETARY</b> MRS LLIJI ASST. PROFESSOR DEPARTMENT OF PHARMACY PRACTICE TOCP
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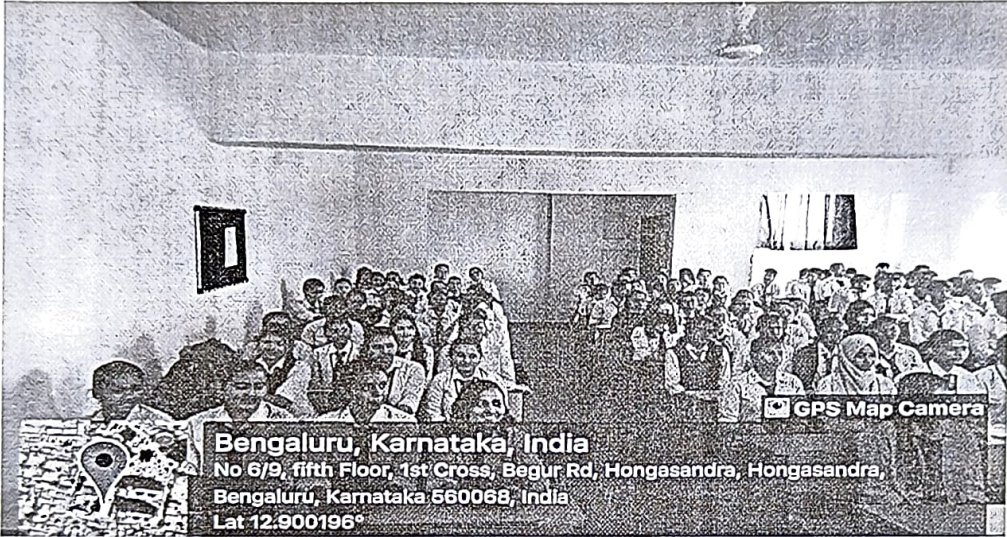
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☎: +91- 80 - 61754694; Fax: +91- 80 -61754699; [www.theoxford.edu](http://www.theoxford.edu)  
e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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**The Oxford College of Pharmacy**

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## OUTCOME OF THE PROGRAM

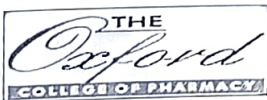
Dr. Ambedkar's life, his advocacy for social equality, and his pivotal role in shaping the constitution, students gained a profound knowledge for the historical and social context that underpins their profession. His ideas continue to inspire around the world. The session not only expanded their cultural competence but also inspired a commitment to ethical and inclusive healthcare practices. His ideas continue to inspire around the world.

END OF REPORT

*P. Padma*

**PRINCIPAL**

The Oxford College of Pharmacy  
19, 1st Cross, Begur Road, Hongasandra  
Bengaluru - 560 068



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
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DATE: 13/05/2023

### CIRCULAR

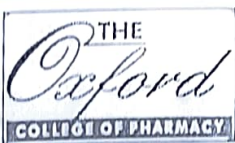
This is to inform all students, teaching and non-teaching staff of The oxford college of pharmacy that program on "INTERNATIONAL FAMILY DAY 2023" will be conducted on 15/05/2023. We request for the active participation for the same.

*P. Padma*

PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy  
Bengaluru



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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANISED

PROGRAMME ON

“INTERNATIONAL FAMILY DAY”

15<sup>TH</sup> MAY 2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

**CONVENER**

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD EDUCATIONAL INSTITUTIONS

**WEBINAR CO-ORDINATOR**

MRS.R.UMA PRABHA

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACEUTICS

**RESOURCE PERSON**

DR. PADMAA M PAARAKH

PRINCIPAL



No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra, Bengaluru -560 068  
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## PREAMBLE

The Oxford college of pharmacy organized "INTERNATIONAL FAMILY DAY 2023" with an aim to aware Importance of family to our students. The program was conducted on May 15<sup>th</sup> 2023

The United Nations adopted a resolution in 1994 establishing the International Day of Families to celebrate the institution of family and to raise awareness regarding the issues faced by families.

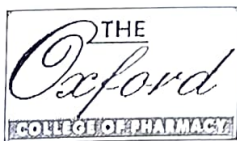
### **The content delivered in the program is as follows:**

The program was started with a welcome note by Mrs. R. Uma prabha, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

The theme of International Day of Families 2023 is "Demographic trends and families". Families are the bedrock of any society. They help shape the values and beliefs of individual's while also providing a sense of belonging and identity. Families also provide emotional and social support, care and guidance to individuals,

International Day of Families plays an important role in recognizing the role of families in our society while also addressing many of the issues that are faced by modern families as poverty and inequality. our Principal mam, Dr Padmaa M Paarakh, gave a very good and well-researched speech about the family, the importance of family and why we need to be aware. She coated many examples that encourage the students to understand and respect the family. Students were very happy and encouraged by her speech.

The organizer Mrs.R.Uma Prabha concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, theoxford college of pharmacy for organizing such an webinar and Dr. Gururaj.S.Kulkarni, HOD, Department of Pharmaceutics, And to all the other faculties and students who participated in the webinar and helped in its successful completion.





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No of participants: 50  
Schedule: On 15<sup>th</sup> May 2023

Time Schedule	Programme
11:45 am	" INTERNATIONAL FAMILY DAY 2023"



CHILDREN'S EDUCATION SOCIETY (REGD.)  
**THE OXFORD COLLEGE OF PHARMACY**

6/9, 1<sup>st</sup> CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560 068

(Recognized by the Govt. of Karnataka, affiliated to RGUHS, Karnataka, and Drug control Board, Karnataka.  
Approved by A.I.C.T.E and Pharmacy Council of India, New Delhi)



**INTERNATIONAL FAMILY DAY**

Speaker:

Dr. M Padmaa Paarakh  
Principal  
The Oxford College of Pharmacy

Organized by IQAC, The Department of  
Pharmaceutics,  
The Oxford College of Pharmacy, Bangalore.

ON  
15<sup>th</sup> May 2023  
Time: 11:45 AM - 12:40 PM  
Please join the family of The Oxford  
Pharmacy @ House No 506, 5<sup>th</sup> floor.



Chief Patron

Shri. S N V L Narasimha Raju  
Chairman  
The Oxford Educational Institutions

Convener

Dr. M Padmaa Paarakh  
Principal  
The Oxford College of Pharmacy

Organizing Secretary

Mrs R. Uma Prabha  
Asst Professor  
The Oxford College of Pharmacy



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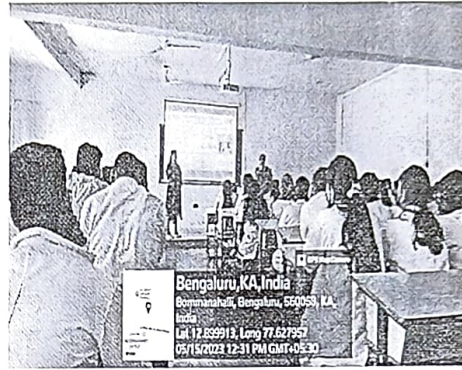


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Principal and other faculties presenting the speech

## OUT COME OF THE PROGRAM

The importance of family and its significance successfully reached the students and increased the awareness about the family. Families are the bedrock of any society. They help in the shaping the values and beliefs of individuals while also providing a sense of belonging and identity. Families also provide emotional, social support, care and guidance to individuals. International family's day plays an important role in recognizing the role of families in our society.

END OF REPORT

*P. Padma*  
PRINCIPAL

The Oxford College of Pharmacy



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Accredited by NAAC and International Accreditation Organization (IAO)

Date: 17/08/2023

## CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a session on "OBSERVANCE OF SADBHAVANA DIWAS" for the academic year 2022-2023 will be conducted on 18/08/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

*P. Padma*

PRINCIPAL

PRINCIPAL

The Oxford College of Pharmacy  
No.6/9, 1<sup>st</sup> Cross, Begur Road, Hongsandra  
Bangalore - 560 068



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**NSS COMMITTEE, IQAC, BANGALORE  
ORGANIZED**

**“OBSERVANCE OF SADBHAVANA DIWAS”  
ON**

**FRIDAY 18 AUGUST 2023**

**CHIEF PATRON**

**SHRI S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS**

**PATRON**

**DR. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY**

**ORGANISING SECRETARY**

**MRS. NAGALAKSHMI  
ASSISTANT PROFESSOR  
THE OXFORD COLLEGE OF PHARMACY**



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## PREAMBLE

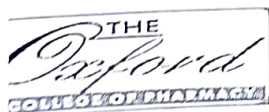
The Oxford College of Pharmacy, NSS Committee, IQAC, Bangalore Observed “Sadbhavana Diwas” on 18th August 2023 in college campus. Sadbhavana Diwas, also known as Harmony Day, is an annual celebration observed on 20th August in India. 20th August 2023 marks the 79th birth anniversary of former Prime Minister Rajiv Gandhi. This day commemorates the birthday of former Prime Minister Rajiv Gandhi, a visionary leader who championed the cause of national integration, peace and public harmony among the diverse population of India. The term “Sadbhavana” in English refers to “goodwill and bonafide”. Being the youngest Prime Minister, Rajiv Gandhi’s thought process was modern and different from others. He had the vision of a developed nation via many national as well as international projects that he pioneered. The main theme of Sadbhavana Diwas is to promote national integration and communal harmony among people of all religions and languages. Rajiv Gandhi, born on 20th August 1944, is the former Prime Minister of India. He held office from 1984-1989 and made significant contributions to the development of the country. He introduced several progressive policies aimed at modernizing India’s education system and economy. Some of his notable achievements include:

**National Policy on Education:** Rajiv Gandhi introduced a National Policy on Education in 1986 to modernize higher education plans and promote intellectual growth.

**Jawaharlal Navodaya Vidhyalaya System:** Rajiv Gandhi founded a central-government-based institution namely Jawaharlal Navodaya Vidhyalaya System in 1986 for the upliftment of the rural section of the society providing them free residential education from 6th to 12th class.

**Telecommunications Development:** Due to his efforts, MTNL (Mahanagar Telephone Nigam Limited) was established in 1986 and also created public call offices (PCOs) for spreading telephones in rural areas. Economic Reforms: In post-1990, he introduced measures for reducing License Raj allowing businesses and individuals to purchase capital, consumer goods and import bureaucratic restrictions. Youth Empowerment: Rajiv Gandhi introduced the voting age as 18 to encourage the youth involvement in the voting process. He emphasized the potential of the country’s youth and introduced schemes like the Jawahar Rozgar Yojana to provide employment opportunities.

Sadbhavana Diwas serves as a reminder of Rajiv Gandhi’s aspirations for India’s



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development and progress. The celebration emphasizes the promotion of national unity, peace, empathy and communal harmony among people of different faiths and cultures. The central theme of the day is to foster goodwill and understanding among diverse communities, creating an atmosphere of mutual respect and coordination. Sadbhavana Diwas' Pledge "I take this solemn pledge that I will work for the emotional oneness and harmony of all the people of India regardless of caste, religion, region or language. I further pledge that I shall resolve all differences among us through dialogue and constitutional means without resorting or violence." The Rajiv Gandhi National Sadbhavana Award was established in 1992 by the All-Indian Parliamentary Commission of the Indian National Congress to commemorate the former PM Rajiv Gandhi. This award is given annually to those who have devoted their lives to understanding and promoting the spirit of harmony. The awardees are provided with a prize of Rs.10 lakh and a prize. Some of the awardees are: Lata Mangeshkar, Shubha Mudgal, Sunil Dutta, Amjad Ali Khan, Mohammad Azharuddin, Gopalakrishnan Gandhi and more.



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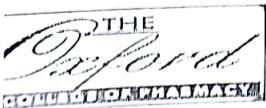
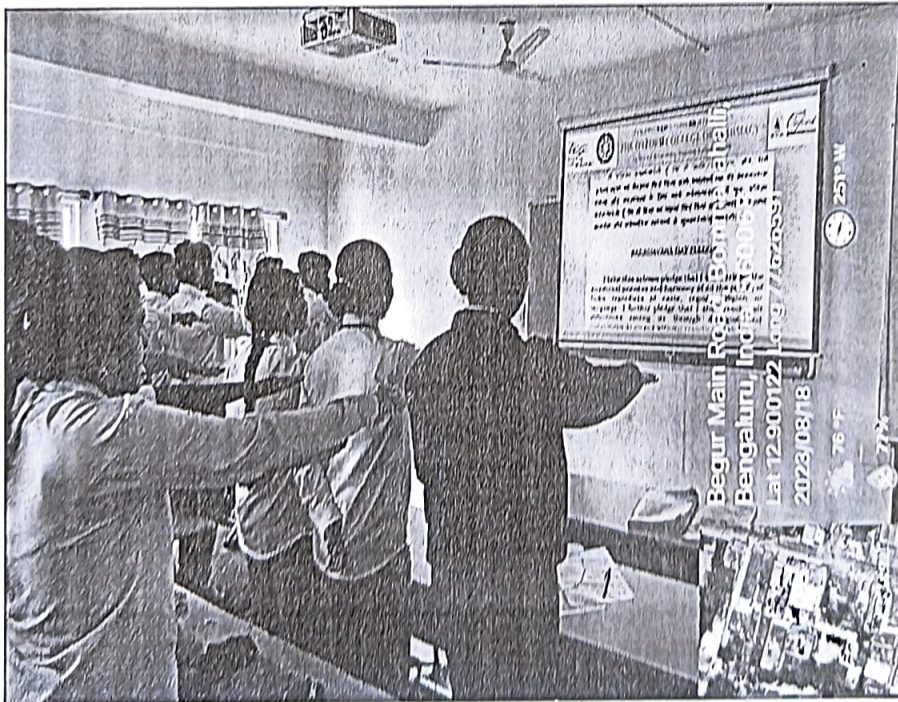
**CORDIALLY INVITE YOU ON OBSERVANCE OF  
"SADBHAVANA DIWAS"**

Organized by NSS Committee, IOAC, Bangalore  
ON  
on 10th August 2023 AT 10:30 AM.

**SADBHAVANA DIWAS  
A day for Peace & Harmony**

CHAIRMAN	CONVENER	NSS COMMITTEE OFFICER
MR. ANANT NARANJHARAJU CHAIRMAN THE OXFORD EDUCATIONAL INSTITUTIONS	DR. M. PADMAAPARASU PRINCIPAL THE OXFORD COLLEGE OF PHARMACY	MRS. NAGALA SURESH ASSISTANT PROFESSOR THE OXFORD COLLEGE OF PHARMACY

Begur Main Road, Bommanahalli,  
Bangalore, India, 560068  
Lat-12.900122 Long 77.626591  
2023/08/18  
76 °F  
77%  
236° NW



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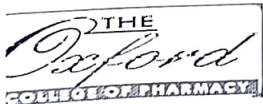
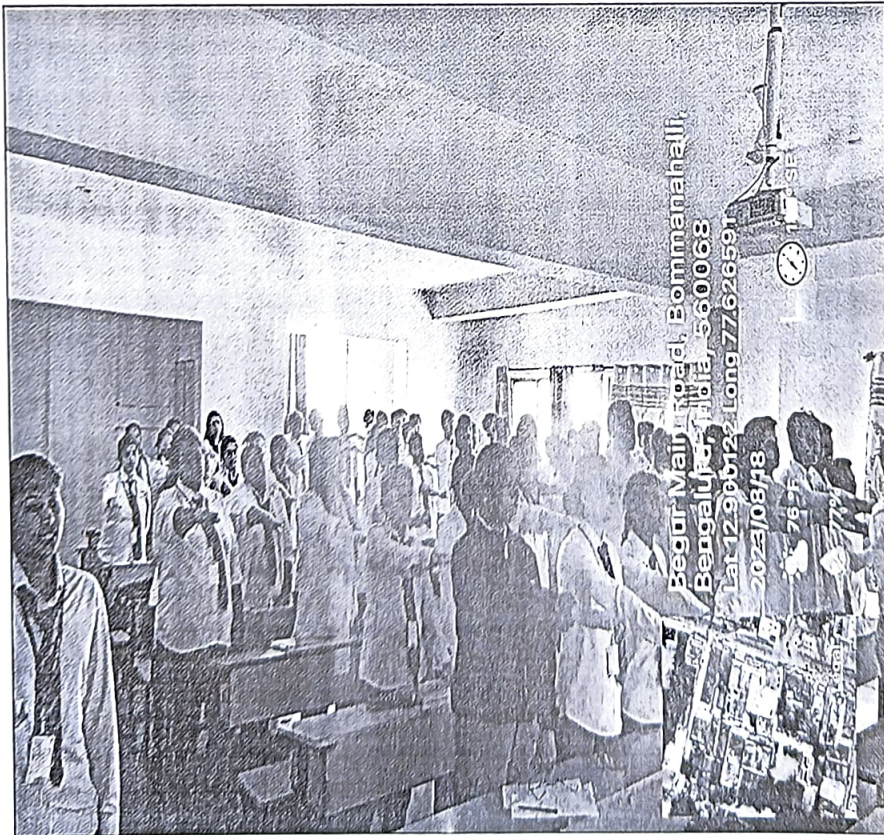
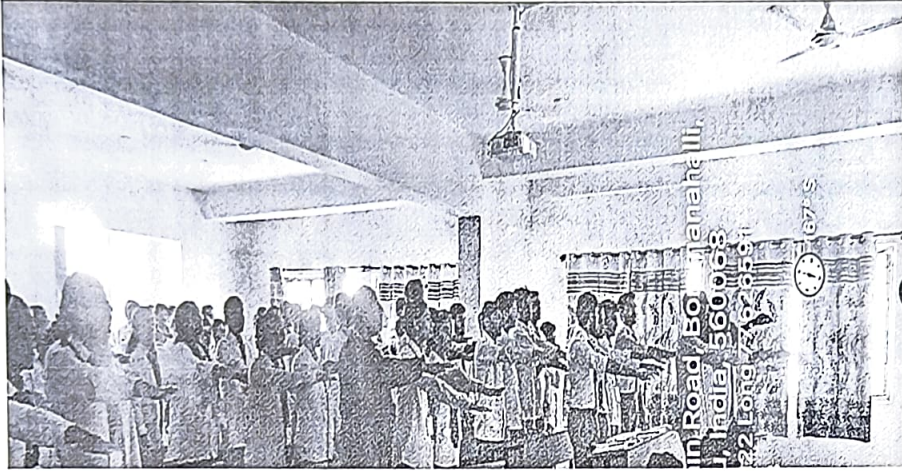




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## OUTCOME OF THE PROGRAMME

The programme was observed to create awareness regarding importance of Sadbhavana Diwas is to promote national integration and communal harmony among people of all religions and languages. the event made students to be aware about several progressive policies aimed at modernizing India's education system and economy.

END OF REPORT

P. Padma

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The Oxford College of Pharmacy  
No. 6/9, 1<sup>st</sup> Cross, Begur Road, Hongasandra  
Bangalore - 560 068



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Date: 30/09/2023

## CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that programme on 'GANDHI JAYANTI 2023' for the academic year 2022-2023 will be conducted on 03/10/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

*P. Padma*

PRINCIPAL

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Bangalore - 560 068



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**DEPARTMENT OF PHARMACY PRACTICE, IQAC**

ORGANIZE

PROGRAMME

ON

**MAHATMA GANDHI JAYANTI**

ON

TUESDAY, 03RD OCTOBER 2023

**CHIEF PATRON**

SHRI. S.N.V. L. NARASIMHARAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

**ORGANIZING SECRETARY**

Dr SRIPRIYA C

ASST PROFESSOR,

DEPARTMENT OF PHARMACY PRACTICE

THE OXFORD COLLEGE OF PHARMACY



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### PREAMBLE:

The Oxford College of Pharmacy, Department Of Pharmacy Practice, Bangalore celebrated “Gandhi Jayanti” on 03rd october 2023. There are totally 50 participants of students of different classes.

Dr SRIPRIYA C , Assistant Professor, Department Of Pharmacy Practice organized the celebration on the occasion of “ Gandhi Jayanti” and Dr. G Parthasarathy, Professor and head of the Department Of Pharmacy Practice gave a talk about Mahatma Gandhi Jayanti .

Gandhi Jayanti, celebrated annually on 2nd October, marks the birthday of Mohandas Karamchand Gandhi, revered as Mahatma Gandhi. He is considered an eminent leader in India's struggle for independence against British colonial rule. This day holds profound historical significance and serves as a tribute to the man who championed non-violence, civil disobedience, and truth as powerful means for social and political transformation.

### THE PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr.Parthasarathy G , HOD, Department of Pharmacy practice, was invited to talk about the Gandhi Jayanti . It holds a great importance as it reminds us of the extraordinary contributions of Mahatma Gandhi Ji. The significance of Gandhi Jayanti lies not only in commemorating his birthday but also in recognizing his indomitable spirit, leadership, and unwavering commitment to social justice and peace.

The event was started by the Department Of Pharmacy Practice in Room No.505 of The Oxford College of Pharmacy, Bangalore in between 03:30 to 4:00 PM headed by Dr. Padmaa M Paarakh, Principal, The oxford college of pharmacy. A Presentation was taken by Dr Sripriya C explaining the importance of the day and the history of birth anniversary of Mahatma Gandhi . A total of 50 students from both B Pharm and pharm D were participated in this session.



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Children's Education Society (Regd.)

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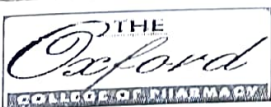
The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group Of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College Of Pharmacy for organizing such an event and Dr. Parthasarathy G HOD, Department of Pharmacy practice . And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 50 participants

Schedule: On 3<sup>rd</sup> Oct 2023

Time Schedule	Programme
03:30-04:00PM	"Mahatma Gandhi Jayanti 2023"

Principal



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### OUTCOME OF THE PROGRAMME

The programme made students realize the greatness of humanity is not in being human, but in being humane. This programme is anticipated to positively impact their future interactions with diverse populations and contribute to a more compassionate environment.

END OF REPORT

J. Padma

PRINCIPAL  
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Bangalore - 560 068



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DATE: 12/01/2023

## CIRCULAR

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "NATIONAL VOTERS DAY 2023" for the academic year 2022-2023 will be conducted on 25/01/2023. We request for the active participation for the same.

*P. Padma*

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Bangalore - 560 068



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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANISED

PROGRAMME ON

“NATIONAL VOTERS DAY 2023”

25 JANUARY 2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

**ORGANIZED BY:**

MRS. KEERTHANA C K

ASSISTANT PROFESSOR,

DEPARTMENT OF PHARMACEUTICS.

**RESOURCE PERSON:**

MS SURINDER KAUR,

ASST. PROFESSOR,

THE OXFORD COLLEGE PHARMACY

**Date:** 25th January 2023

**Time:** 3:30 - 4 PM



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## PREAMBLE

The Oxford College of Pharmacy, Department of Pharmaceutics, IQAC, Bangalore celebrated "National Voters Day" on 25<sup>th</sup> January 2023. The program was organized for 100 participants of students of different classes. Mrs. Keerthana C.K Assistant Professor, Department of Pharmaceutics organized the event on "National Voters Day."

## The content of the Session:

The program commenced with Prayer by the students. Ms. Surinder Kaur, Assistant Professor, Department of Pharmaceutics welcomed all the attendees of the program and emphasized about the importance of celebrating voters' day. The National Voters' Day has been celebrated on January 25 every year since 2011, across the country to mark the foundation day of Election Commission of India, i.e., 25th January 1950. Theme for this year's national voters' day is 'NOTHING LIKE VOTING, I VOTE FOR SURE'. The main purpose of the NVD celebration is to encourage, facilitate and maximize enrolment, especially for the new voters. Dedicated to the voters of the country, the day is utilized to spread awareness among voters and for promoting informed participation in the electoral process. She emphasized about the significance of Voting. Every citizen has the basic right to vote. He or she has the right to select his leader to whomever they think can lead the nation, solving the problems of common people, bringing about change, etc. National Voters Day is a significant root of India as the future of the country lies in the leader that we choose. The objectives and purpose of the celebration on occasion of National Voters Day celebration is to encourage, facilitate and maximize enrolment, especially for the new voters.

National voters' day 2023" celebration was organized by The Oxford College of Pharmacy, Bangalore by a live event on theme "NOTHING LIKE VOTING, I VOTE FOR SURE". The program was arranged on 25<sup>th</sup> January 2023. There are totally 100 participants of students of different classes.

This event was arranged on 25<sup>th</sup> January 2023 in Room No.505 of (The Oxford College of Pharmacy, Bangalore) in between 03:30 to 04:00PM.

At last, Mrs. Keerthana C K thanked to every participant who actively participated in this event and encouraged to take part in such events in upcoming days too.



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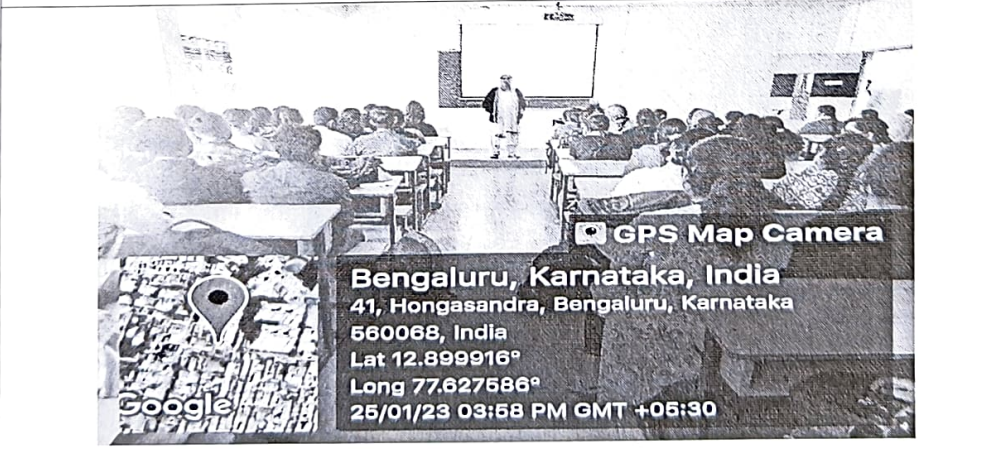
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Awareness Program in College



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## Students giving Awareness regarding Voters App



## OUTCOME OF THE PROGRAM

The importance of National Voters Day and its significance successfully reached the individuals. The students took pledge to use their vote judiciously taking into account for the betterment of nation. The young voters of the country, also utilized the day to spread awareness among voters and for promoting informed participation in the electoral process. The students also went to nearby places & locality near college to spread awareness regarding Official Election Commission of India App for voter registration and elections, a step towards digital India.

END OF REPORT

P. Padma  
PRINCIPAL

The Oxford College Of Pharmacy

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Date : 26/2/2023

**CIRCULAR**

All the teaching, no-teaching and students of The Oxford College of Pharmacy are here by informed that The Oxford College of Pharmacy, Bengaluru, IQAC, organizing "**ZERO DISCRIMINATION DAY 2023**" an awareness program to educate our staffs and students about the theme **Save lives- Decriminalisation**. The program will be conducted on March 1<sup>st</sup> 2023. We request your active participation for the same.

*P. Padma*

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DEPARTMENT OF PHARMACOLOGY, IQAC

ORGANISED

AWARENESS PROGRAMME

ON

“ZERO DISCRIMINATION DAY”

ON

1<sup>ST</sup> MARCH, 2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON

**ORGANIZING SECRETARY**

Mrs. KESERLA BHAVANI  
ASST. PROFESSOR,  
DEPARTMENT OF PHARMACOLOGY,  
THE OXFORD COLLEGE OF PHARMACY

**RESOURCE PERSON**

MRS. SHOBHA.G  
ASSOCIATE PROFESSOR,  
DEPARTMENT OF PSYCHIATRIC NURSING  
THE OXFORD COLLEGE OF NURSING



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## PREAMBLE

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "**ZERO DISCRIMINATION DAY 2023**" with an aim to educate our staffs and students about the zero discrimination. The program was conducted on March 1<sup>st</sup> 2023. The theme of the Programme was "**SAVE LIVES- DECRIMINALISATION**".

Joint United Nations Programme on HIV/Aids (UNAIDS) is highlighting how the decriminalization of key populations and people living with HIV saves lives and helps advance the end of the AIDS pandemic. Criminal laws targeting key populations and people living with HIV violate people's human rights, exacerbate the stigma people face and put people in danger by creating barriers to the support and services they need to protect their health.

In 2021, the world set ambitious law reform targets to remove criminal laws that are undermining the HIV response and leaving key populations behind. Recognizing decriminalization as a critical element in the response, countries made a commitment that by 2025 less than 10% of countries would have punitive legal and policy environments that affect the HIV response.

In fact, today there are 134 countries explicitly criminalizing or otherwise prosecuting HIV exposure, non-disclosure or transmission; 20 countries criminalize and/or prosecute transgender persons; 153 countries criminalize at least one aspect of sex work; and 67 countries now criminalize consensual same-sex sexual activity, according to UNAIDS. In addition, 48 countries still place restrictions on entry into their territory for people living with HIV, while 53 countries report that they require mandatory HIV testing, for example for marriage certificates or for performing certain professions. 106 countries report requiring parental consent for adolescents to access HIV testing.

Criminalization drives discrimination and structural inequalities. It robs people of the prospect of healthy and fulfilling lives. And it holds back the end of AIDS.



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**THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:**

The program was started with a welcome note by Mrs. Keserla Bhavani, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Mrs. Shobha.G, Associate Professor, Department of Psychiatric nursing, was invited to talk about the theme save lives Decriminalization. She had delivered lecture about how the decriminalization save lives. She explains about what is the importance of decriminalization. The students of M. Pharm I year Pharmacology, I year Pharmaceutics, I pharm D, I B. Pharm students were participated in the Programme.

The organizer Mrs. Keserla Bhavani concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The Oxford College of Pharmacy for organizing such an event and Dr. Noopur Srivastava, HOD, Department of Pharmacology.

No of participants:100 participants

Schedule: On 1<sup>st</sup> March, 2023

Time Schedule	Programme
11.30AM-12.30PM	"ZERO DISCRIMINATION DAY 2023"



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CHILDREN'S EDUCATION SOCIETY (REGD.)  
THE OXFORD COLLEGE OF PHARMACY  
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DEPARTMENT OF PHARMACOLOGY, IQAC



## ZERO DISCRIMINATION DAY

MARCH 1<sup>ST</sup> 2023, 11:30AM-12:30PM

THEME: SAVE LIVES : DECRIMINILISATION  
AWARENESS PROGRAMME

MRS. SHOBHA. G

ASSOCIATE PROFESSOR,  
DEPARTMENT OF PSHYCHIATRIC NURSING,  
THE OXFORD COLLEGE OF NURSING



### CHIEF PATRON

Shri. S N V L Narasimha Raju,  
Chairman,  
The Oxford Educational  
Institutions

### CONVENER

Dr. Padmaa M. Paarakh,  
Principal,  
The Oxford College of  
Pharmacy

### ORGANIZING SECRETARY

Mrs. Keserla Bhavani,  
Assistant Professor,  
Department of Pharmacology,  
The Oxford college of Pharmacy



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## OUTCOME OF THE PROGRAMME

The programme was conducted with an aim to raise an awareness and to educate our staffs and students about the theme save lives- Decriminalization. Students learned that how Criminal activities drives discrimination and structural inequalities and rob people from their rights in the society. They also learned that it robs people of the prospect of healthy and fulfilling lives leading to increased vulnerability. Above all, students, after having exposed to the gravity of the criminalization, felt that it is the duty of the every individual to fight against criminal activities to create secure and safe environment in the society.

END OF THE REPORT

*P. Padula*

**PRINCIPAL**

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Bangalore - 560 068



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Date: 21/11/2022

## CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a programme on 'INDIAN CONSTITUTION DAY 2022' for the academic year 2022-2023 will be conducted on 26/11/2022. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

*P. Padma*

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**DEPARTMENT OF PHARMACY PRACTICE, IQAC**

ORGANIZED

PROGRAMME

ON

**INDIAN CONSTITUTION DAY**

26 NOVEMBER 2022

**CHIEF PATRON**

SHRI. S.N.V. L . NARASIMHARAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

**ORGANIZING SECRETARY**

Dr SRIPRIYA C  
ASST PROFESSOR,  
DEPARTMENT OF PHARMACY PRACTICE  
THE OXFORD COLLEGE OF PHARMACY

**Date:** On 26th November 2022

**Time:** 12:30 pm



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## PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "INDIAN CONSTITUTION DAY 2022" to mark the adoption of Indian Constitution by the constituent assembly on 26 November 2022. Constitution Day, also known as Samvidhan Divas or National Law Day, is celebrated in India on November 26th each year. This day commemorates the adoption of the Constitution of India on November 26, 1949. The Constitution came into force on January 26, 1950.

The celebration of the Constitution Day and subsequent activities aim to spread awareness on the importance of the Indian Constitution and to acknowledge the contributions of its architect, Dr B R Ambedkar.

## The content of the Session:

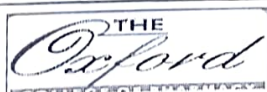
The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy.

Dr. Parthasarathy G, HOD, Department of Pharmacy Practice, was invited to talk about the Constitution Day. He emphasized about the significance of Indian Constitution Day. He made students to understand the fundamental rights, fundamental duties as a citizen of India.

On this occasion different sessions were arranged by the organizing member Dr Sripriya C. The first session included briefing of students with the background of the day followed by the oath taking on this occasion. An open quiz session about the interesting Facts about Indian Constitution was also conducted by Dr Sripriya C. The Constitution Day was first celebrated as a mark of tribute to India's first Law Minister Bhim Rao Ambedkar, who played a pivotal role in the drafting of the Indian Constitution. The Constitution is a set of written principles and precedents of the Government of India that frames fundamental political principles, procedures, rights, directive principles, restrictions, and duties of the government and the citizens of the country.

The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 80 participants including staffs and students of The Oxford College of Pharmacy had attended the program.

The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford



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College of Pharmacy for their support in organizing event and Dr. Parthasarathy G, HOD, Department of Pharmacy Practice for his constant encouragement and thanked all the faculties and students who participated in the event and helped in the successful completion of the event.



## CHILDREN'S EDUCATION SOCIETY (REGD.) THE OXFORD COLLEGE OF PHARMACY

6/9, 1<sup>ST</sup> CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068

DEPARTMENT OF PHARMACY PRACTICE

ORGANIZES

### INDIAN CONSTITUTION DAY

on

26 November 2022

TIME - 02:30 - 03:30 PM

Chief Patron

Shri. S N V L Narasimha Raju  
Chairman  
The Oxford Educational  
Institutions

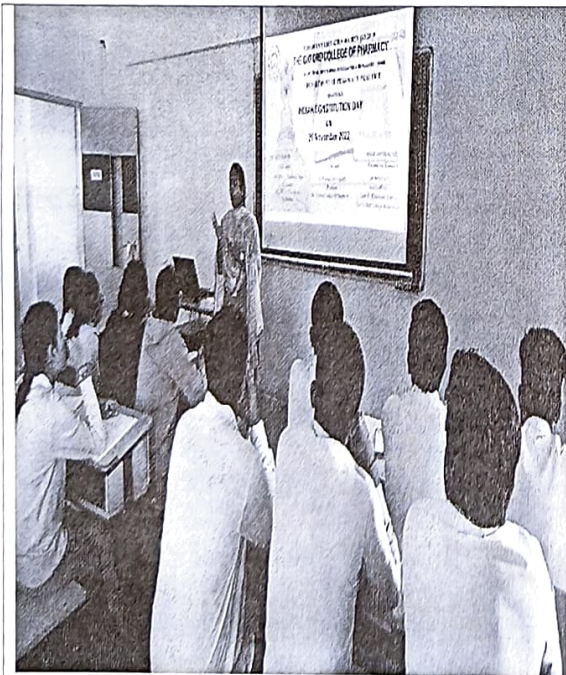
Convener

Dr. Padmaa M Paarakh  
Principal  
The Oxford College of Pharmacy

VENUE - ROOM NO 506

Organizing Secretary

Dr. Sripriya C  
Asst professor  
Dept of Pharmacy Practice  
The Oxford College of Pharmacy



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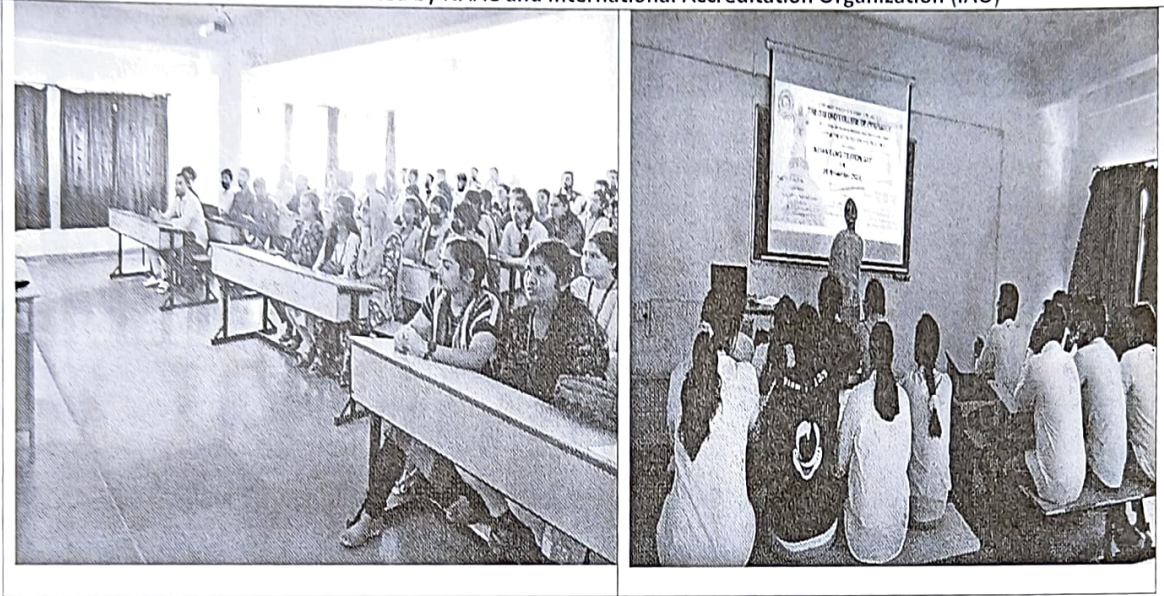
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## OUTCOME OF THE PROGRAMME

The programme made students to understand the fundamental rights, fundamental duties as a citizen of India. To always remember November 26, 1949, which marks the historic day when the Constituent Assembly of India, after years of deliberation, formally adopted the Constitution. This day gives a sense of responsibility to the students as responsible citizen of the nation. This joyous occasion signified the culmination of the constituent assembly's dedicated efforts in crafting a document that would become the backbone of India's democracy.

END OF REPORT



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*P. Padma*  
PRINCIPAL

The Oxford College Of Ph:  
No.6/9, 1st Cross, Begur Road, Ho:  
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DATE: 16/01/2023

**CIRCULAR**

This is to inform all students, teaching and non-teaching staff of The Oxford College of Pharmacy that program on "NATIONAL GIRL CHILD DAY 2023" will be conducted on 25/01/2023. We request for the active participation for the same.

*P. Padma*

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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANISED PROGRAMME

ON

“NATIONAL GIRL CHILD DAY 2023”

WEDNESS DAY 25 JANUARY 2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

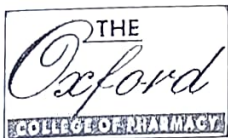
Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

**ORGANIZED BY:**

MRS. DIVYA S KUMAR  
ASSISTANT PROFESSOR,  
DEPARTMENT OF PHARMACEUTICS.

**RESOURCE PERSON:**

MS RAJESHWARI,  
ASST. PROFESSOR,  
THE OXFORD COLLEGE OF NURSING SCIENCES



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### PREAMBLE

The Oxford College of Pharmacy, IQAC, Bangalore celebrated “National Girl Child Day” on 25<sup>th</sup> January 2023, Mrs. Divya S Kumar, Assistant Professor, Department of Pharmaceutics, initiated the celebration of the program along with students. There were around 70 participants.

### The content of the Session:

“National Girl Child Day” celebration was organized by The Oxford College of Pharmacy, Bangalore on 25<sup>th</sup> January 2023” with the theme “Empowering Girls for a Brighter Tomorrow”. The program started with the welcoming of the audience and introduction of the Speaker of the day Ms Rajeshwari, Asst. Professor, The Oxford College of Nursing Sciences. The speaker briefed about the history and significance of observing this day. The National Girl Child Day was first observed on January 24, 2008 by the Ministry of Women and Child Development. It was decided to observe the day to tackle issues related to inequalities that girls face in society. The main objectives for observing this day are to provide support and opportunities to girls from around the country, by raising awareness regarding inequalities faced by girl children, regarding the importance of female education, health care and nutrition and also to raise awareness regarding the importance of their empowerment. The main objective of National Girl Child Day 2023 is to promote the welfare of girl children in India. However, there are various factors that need to be taken into consideration which is being emphasized on National Girl Child Day 2023 were also briefed by the speaker such as

To create awareness among people to protect and raise girl child with equality in terms of education, health and other opportunities in life.

To promote the idea of the elimination of any form of discrimination against the girl child at home or outside world.

To accept girl child/children and welcome them into homes and live with respect and love and abandon the evil ideology of killing girl children in the womb and female infanticide.

To educate people at large about the importance of girl children and the declining sex ratio in India and eventually to change their mindset.



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To create a safe environment for girls to live safely inside and outside their homes. Additionally, the speaker conveyed and emphasized to pass the message of Beti Bachao Beti Padhao (BBBP) in their neighborhood  
Dr Gururaj S Kulkarni, HOD, Department of Pharmaceutics, The Oxford College of Pharmacy, also shared his views regarding the role of students in spreading awareness and achieve the goal of celebrating the National Girl Child Day. In the session, students too actively shared their thoughts and taken the pledge to have a better society for girls. after the session students went outside the campus along with faculties to create awareness to the public.



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CELEBRATING NATIONAL GIRL CHILD DAY-2023



**"Empowering Girls for a Brighter Tomorrow"**

Organized Under IQAC, The Oxford College of Pharmacy

Conducted On 25<sup>TH</sup> JANUARY 2023

SPEAKER: MS RAJESHWARI, ASST PROFESSOR,  
OXFORD COLLEGE OF NURSING SCIENCES

PATRON



CONVENER



ORGANIZING MEMBER



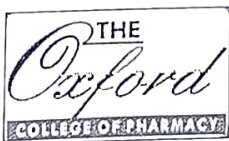
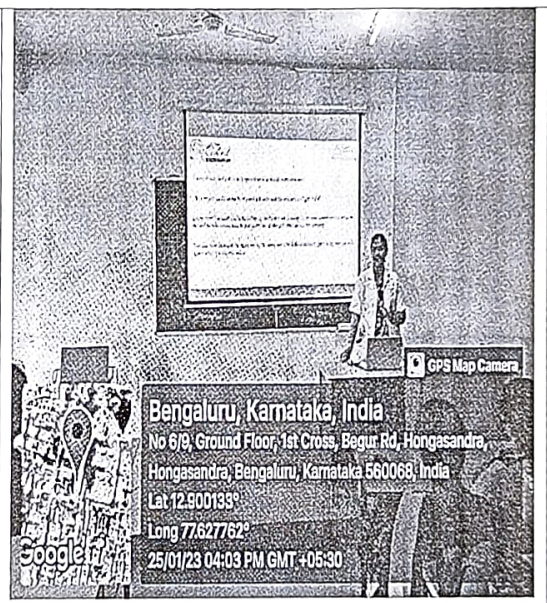
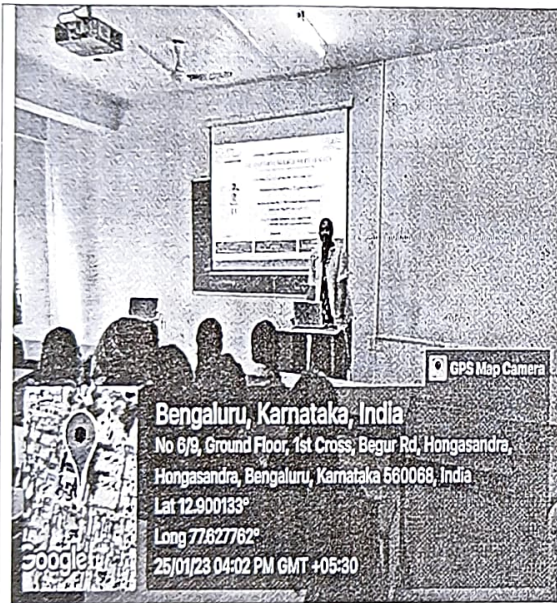
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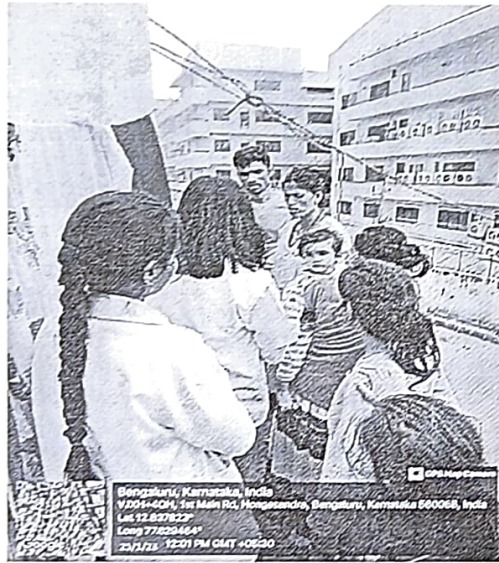
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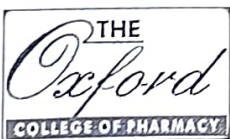
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Students creating awareness in the local community- National girl child day



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## OUT COME OF THE PROGRAM

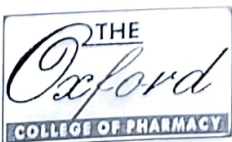
This program invoked a spirit of awareness among the listeners and participants. Investing in girls' education improves their lives and creates a brighter future for our communities and world. The college also initiated outreach program to reach out communities for National Girls Child Day awareness. The awareness program was highly appreciated by the public which motivated the students and gave awareness about the power and strength of a girl child. Additionally the students emphasized on BBBP through which girl child can get proper education.

END OF REPORT

*P. Padma*

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Bengaluru - 560 068



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Date: 29/11/2022

## CIRCULAR

All the teaching staff, non-teaching staffs and students of The Oxford College of Pharmacy are hereby informed that a session on "Conservation & Management of Water Resources" for the academic year 2022-2023 will be conducted on 30 November 2022. All are requested to assemble in the Auditorium by 3 pm. We look forward the active participation for the same.

*P. Padma*

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NSS COMMITTEE, IQAC, BANGALORE

ORGANISED PROGRAMME

ON

“CONSERVATION & MANAGEMENT OF WATER RESOURCES”

ON

WEDNESDAY 30<sup>TH</sup> NOVEMBER

CHIEF PATRON

SHRI S. N. V. L. NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI R

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON:

DR. PADMAA M PAARAKH

PRINCIPAL

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## PREAMBLE

The Oxford College of Pharmacy, NSS Committee, IQAC, Bangalore conducted the session on “Conservation & Management of Water Resources” for the students. There were totally 50 participants who included faculties and students. A special session on Menstrual Conservation & Management of Water Resources was organized by NSS Cell, The Oxford College of Pharmacy on 30/11/2022. The talk was addressed to all students of The Oxford College of Pharmacy. The entire program was coordinated by Assistant professor Mrs R. Nagalakshmi. Mrs. Nagalakshmi R gave a warm welcome to Principal Dr. Padmaa M Paarakh, staff and students. The session was very informative which gave them a comprehensive understanding on the what, why and how to conservation & management water resources. Speaker spoke about some crucial aspects related to crisis of water and explained the simple steps to be followed by each and every person to save water. She gave information regarding different ways of conservation of rain water and utilization of tap water in proper manner. The talk was very effective, as it gave more importance to how conserve water. This programme was arranged to share the knowledge on the topic “CONSERVATION & MANAGEMENT OF WATER RESOURCES” by Dr. Padmaa M Paarakh. The overall organization and deliverance of the session was helpful and satisfied the participants.



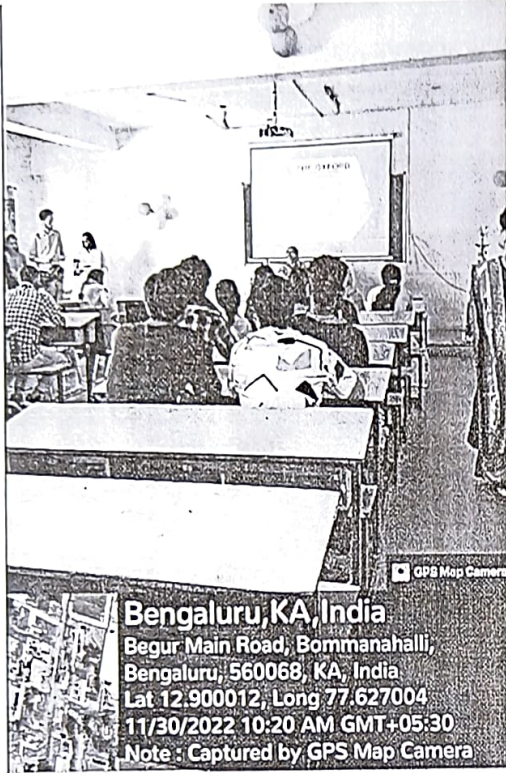
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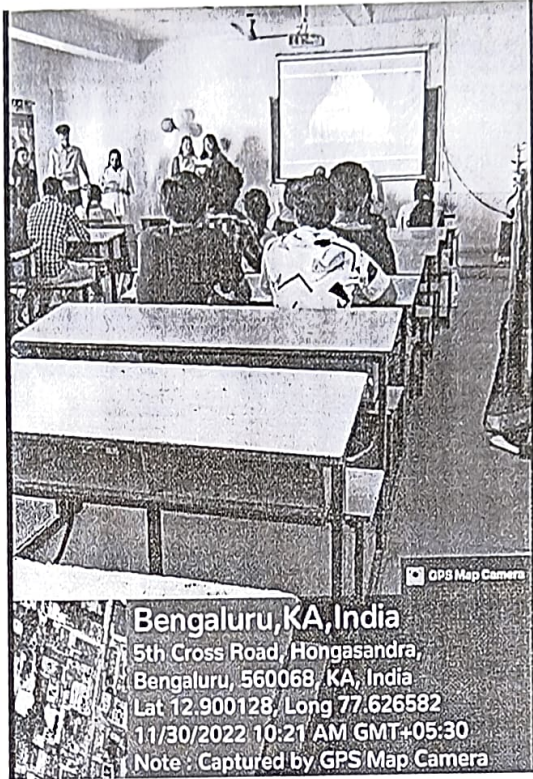
Children's Education Society (Regd.)

# The Oxford College of Pharmacy

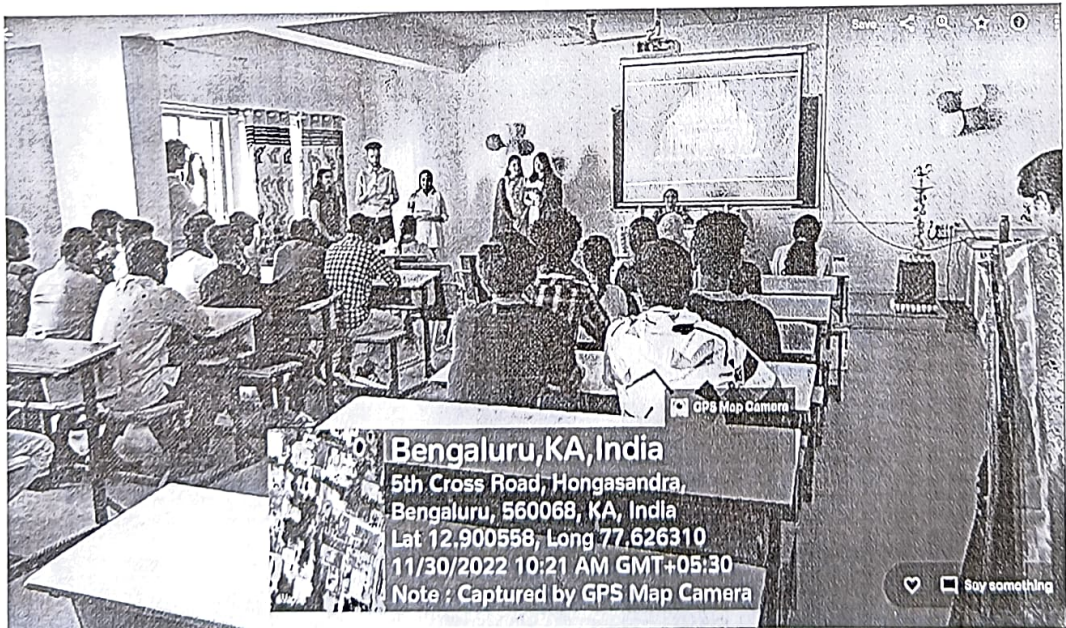
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**Bengaluru, KA, India**  
Begur Main Road, Bommanahalli,  
Bengaluru, 560068, KA, India  
Lat 12.900012, Long 77.627004  
11/30/2022 10:20 AM GMT-05:30  
Note : Captured by GPS Map Camera



**Bengaluru, KA, India**  
5th Cross Road, Hongasandra,  
Bengaluru, 560068, KA, India  
Lat 12.900128, Long 77.626582  
11/30/2022 10:21 AM GMT-05:30  
Note : Captured by GPS Map Camera



**Bengaluru, KA, India**  
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Bengaluru, 560068, KA, India  
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Note : Captured by GPS Map Camera



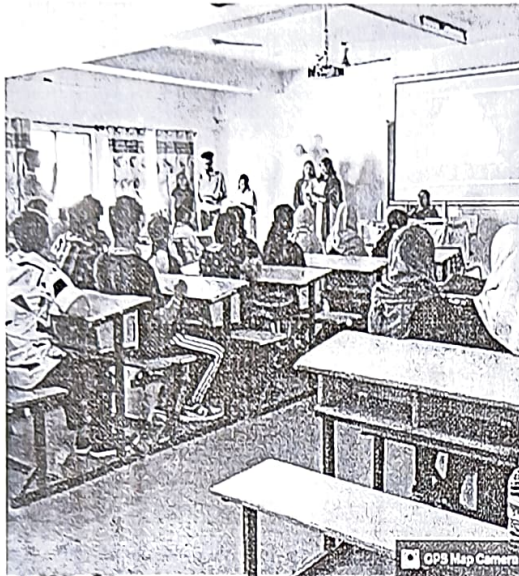
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GPS Map Camera

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GPS Map Camera

**Bengaluru, KA, India**

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CHILDREN'S EDUCATION SOCIETY  
**THE OXFORD COLLEGE OF PHARMACY**  
1st Main Rd, Hongasandra, Bengaluru, Karnataka 560068

CORDIALLY INVITE YOU ON OBSERVANCE OF  
"CONSERVATION & MANAGEMENT OF WATER  
RESOURCES"

Organized by NSS Committee, IQAC, Bangalore  
ON  
20<sup>th</sup> November 2022 AT 10:30 AM.

CONVENER  
DR. MADHAVA PARAGHAL  
PRINCIPAL,  
THE OXFORD COLLEGE OF PHARMACY

NSS COMMITTEE MEMBER  
MS. NAGALAKSHMI  
ASSISTANT PROFESSOR  
THE OXFORD COLLEGE OF PHARMACY

**Bengaluru, KA, India**  
2nd Main Road, Hongasandra, Bengaluru,  
560068, KA, India  
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11/30/2022 11:09 AM GMT+05:30  
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Students interacting with local community



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## OUTCOME OF THE PROGRAMME

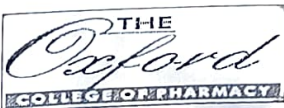
On 23<sup>rd</sup> November 2023, The Oxford College of Pharmacy, NSS Committee, IQAC, Bangalore conducted the session on "Conservation & Management of Water Resources" for the students. session gave knowledge to the students to realizing how mismanagement and careless habits in the use of resources leads to chaos and disasters. Session promoted sustainable water management practices that bring economic benefits, such as increased agricultural productivity and job creation to the students. Students created awareness in nearby community about water conservation and management. Response of the community was positive and they appreciated the initiative of students and institution.

END OF REPORT

*P. Padma*

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Date: 02/02/2023

### CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD CANCER DAY 2023' will be conducted on 04/02/2023. We request for the active participation for the same.

*P. Padma*

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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IQAC

ORGANIZED

AWARENESS PROGRAMME

ON

“WORLD CANCER DAY”

ON

SATURDAY, 04<sup>th</sup> FEBRUARY 2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

**ORGANIZING SECRETARY**

Mrs. G. SUVARNA LAKSHMI  
ASST PROFESSOR,  
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,  
TOCP



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**PREAMBLE:**

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "WORLD CANCER DAY 2023". It is the global uniting initiative led by the Union for International Cancer Control (UICC).

Cancer is a second-leading cause of death across the world and 70% of cancer deaths occur in low-to-middle-income countries. Each year, millions of lives can be saved by implementing resource-appropriate strategies for prevention, early detection, and treatment.

World Cancer Day 2023 is observed on 4th February every year to raise awareness about the prevention and treatment of cancer. The main aim of World Cancer Day 2023 is to promote the importance of early detection of Cancer as it can exponentially increase the chances of better treatment and curing it.

UICC (Union for International Cancer Control) declared the theme for World Cancer Day 2023 "Close the Care Gap".

At the same time, make people aware of how to identify the symptoms of cancer, educate people, as well as to prepare government and non-governmental organizations to help in fighting this deadly disease all over the world.

**THE PROGRAM DELIVERED AS FOLLOWS:**

On the occasion of World cancer day on 4<sup>th</sup> February 2023, a awareness programme was conducted by Department of Pharmaceutical chemistry.

The program was started with a welcome note and Guest speaker's introduction by Mrs. G. Suvarna Lakshmi, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.



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The lecture was by **Azeez Ali Khan, Business Head, co Guide Research Simplified**. He focused on the cancer prevention interventions. He also shared his views on adopting cancer-preventive life style.

The second lecture was by **Dr. Jyoti Srivasthava, HOD, Department of Pharmaceutical chemistry** on World cancer day theme "Close the Care Gap". People need to encourage others to take care of themselves and adopt a cancer-preventive lifestyle. Moreover, the Theme Close the Care Gap emphasizes providing better and more accessible clinical evaluation and care to people at large.

The third lecture was by **Dr. Noopur Shrivastava, HOD In charge, Department of Pharmacology** on the common cancers in community and myths and taboos related to various types cancer. She also focused on how sometimes people fail to notice the early symptoms due to a lack of awareness and clinical evaluation or checkups.

The organizer Mrs. G. Suvarna Lakshmi concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, theoxford college of pharmacy for organizing such an event. She also expressed her gratitude to Azeez Ali Khan, Business Head, co Guide Research Simplified, Dr. Noopur Shrivastava, HOD Incharge, Department of Pharmacology, Dr. Jyoti Srivasthava, HOD, Department of Pharmaceutical chemistry, and to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 80 participants

Schedule: On 4<sup>th</sup> February 2023

Time Schedule	Programme
10 am	"WORLD CANCER DAY 2023"



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CHILDREN'S EDUCATION SOCIETY (REGD.)

THE OXFORD COLLEGE OF PHARMACY

6/9, 1<sup>ST</sup> CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IIC



# WORLD CANCER DAY

## THEME: CLOSE THE CARE GAP

4<sup>th</sup> February 2023, 10 AM



### GUEST SPEAKER

**Azeez Ali Khan**

**Business Head**

**eoGuide Research Simplified**



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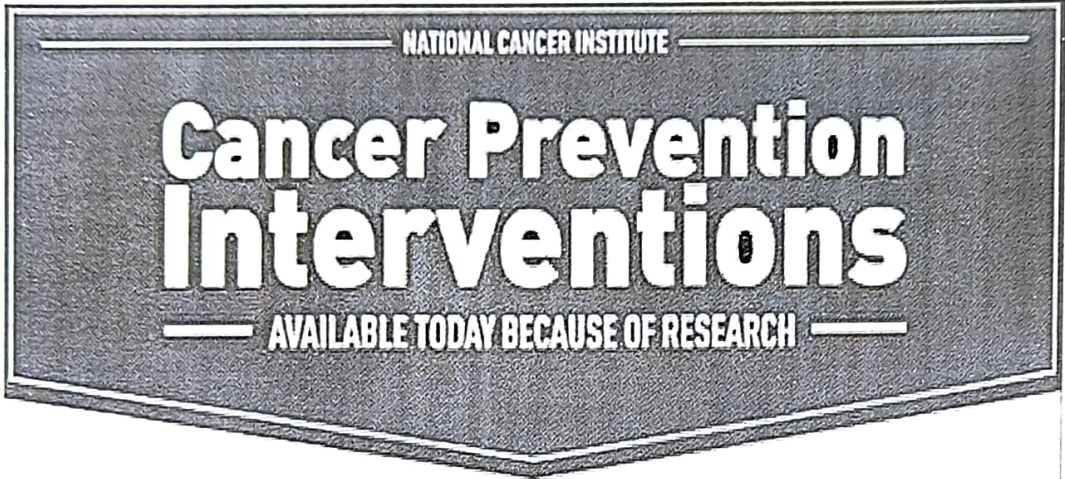
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### MEDICATIONS

proven to reduce risk of breast and colon cancers in those at increased risk.



### LIFESTYLE CHOICES

such as avoid or quit tobacco, limit alcohol, avoid known carcinogens, keep active & avoid obesity.

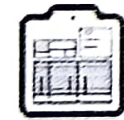


### TREATMENTS FOR INFECTIONS

known to increase cancer risk, including hepatitis C, HIV, and H. pylori.



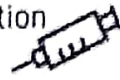
### SCREENING TESTS



that allow removal of precancerous lesions, such as colon polyps.

### VACCINES TO PROTECT

against infection with human papillomavirus (HPV) and hepatitis B.



### SURGERY

to remove tissues at risk, such as for women with increased risk of breast and ovarian cancer.



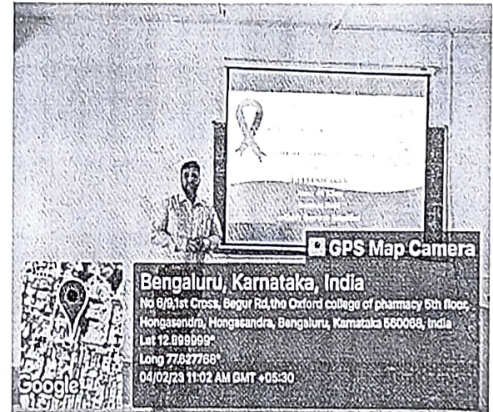
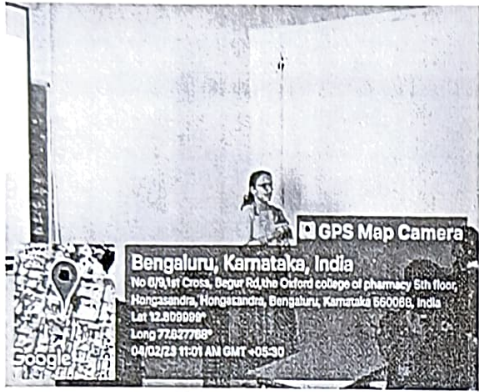
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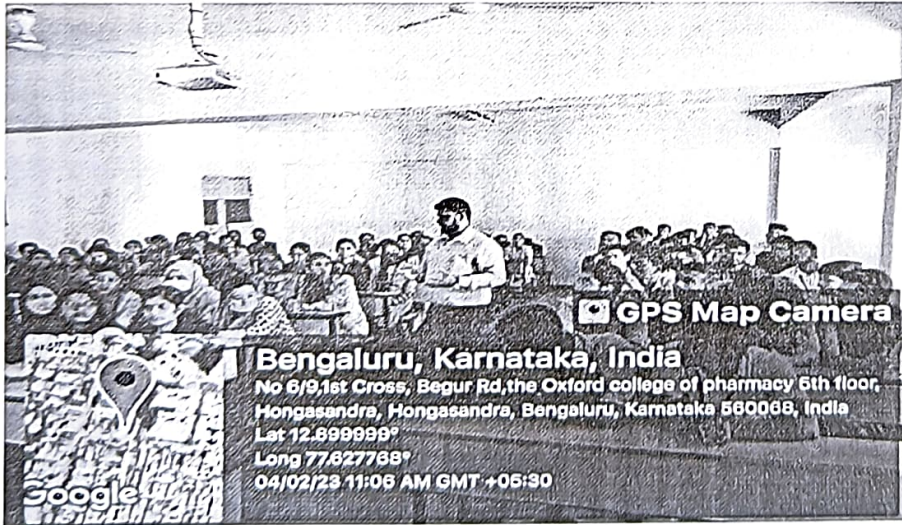
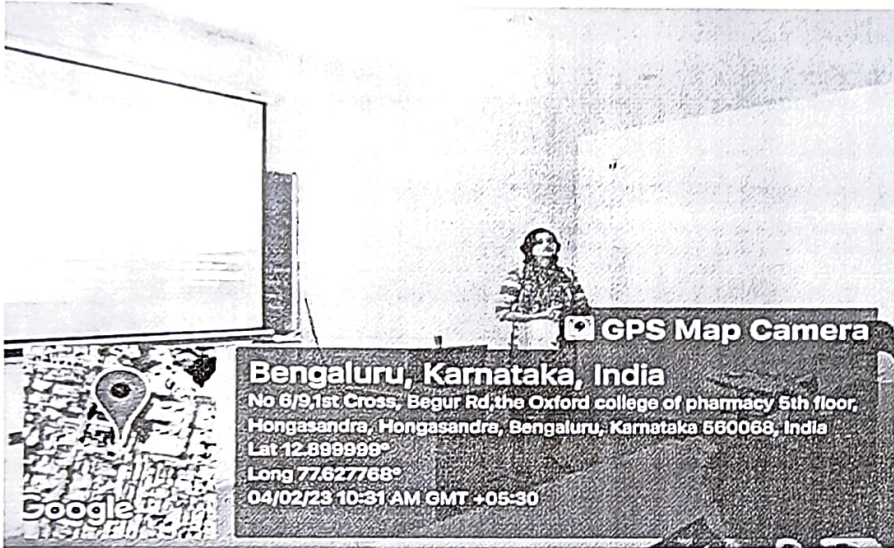
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## OUTCOME OF THE PROGRAMME

The program successfully reached the students and significantly increased the awareness about cancer related issues. Students gained valuable knowledge about healthy lifestyles, early detection, and the importance of screenings, potentially impacting preventive behaviors. The programs brought together diverse communities, creating a supportive environment and encouraging active participation in cancer-related discussions. After the program, they brought knowledge about cancer to the local community, helping people learn more about cancer.

END OF THE REPORT

*P. Padma*

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Date: 6/2/2023

## CIRCULAR

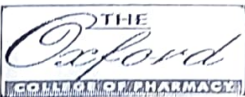
All the teaching staff and the students of The Oxford College of Pharmacy are hereby informed that an awareness programme titled "Cyber Security and Safer Usage of Social Media" will be conducted on 09/02/2023. We look forward for the active participation for the same. All interested students are requested to give your name to the event co-ordinator.

*P. Padma*

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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZED

AWARENESS PROGRAMME

ON

" CYBER SECURITY AND SAFER USAGE OF SOCIAL MEDIA "

THURSDAY, 9-Feb-2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

**ORGANIZING SECRETARY**

Dr PARTHASARATHY G  
HOD  
DEPARTMENT OF PHARMACY PRACTICE  
THE OXFORD COLLEGE OF PHARMACY



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### Introduction:

Safer Internet Day takes place in February of each year to raise awareness of a safer and better internet for all, and especially for children and young people.

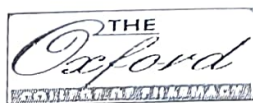
As part of this annual celebration, The Oxford college of Pharmacy encourages everyone including students and staff and parents for safe surfing of internet and social media.

7 February 2023, was observed globally as Safer Internet Day (SID) – This worldwide annual campaign promoting a safe digital environment for children and young people. This year 2023 marks the 20th anniversary of Safer Internet Day.

### Objectives:

This programme on “Cyber Security and Safer Usage of Social Media”, to celebrate Safer Internet Day aims to create both a safer and a better internet, where children and young people are empowered to use digital technology responsibly, respectfully, critically and creatively. Playing games online can not only be a fun and engaging experience but also bring many opportunities to children and young people. Online gaming can enhance creativity, digital skills and help to connect with friends and fellow gamers. In addition, playing online games can encourage developing new skills, sparking interest in reading and writing or becoming creators of online games.

On the other hand, excessive online gaming can become a threat to their wellbeing and health, hence the need for resources and materials to inform children and young people, as well as their careers, of how to manage their online gaming experiences so that it becomes a fun and safe activity.



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No of participants: 63

Schedule: 3.00 pm to 4.00 pm

Time Schedule	Programme
3.00 pm	Welcome speech by Dr Parthasarathy
3.10 pm	Lecture by the guest Prof. Dharamvir, MCA Department, The Oxford Engineering College, Bommanahalli, Bengaluru.
3.50 pm	Vote of thanks and felicitation.

### Conclusion, feedback and vote of thanks:

Social media has become a prime target for cybercrime. All organizations should take appropriate measures to be cyber-safe, and users, too, should protect their personal information to avoid any misuse. Cyberspace is becoming a significant area for crimes, so there is a need for comprehensive collaboration among nations to work together and combat these social network crimes and social media cyber attacks, which are a continuously growing menace.

Students were very much impressed after the speak and asked and get clarified many doubts. Everyone appreciated the topic selected for discussion and also expected more programmes in this kind.



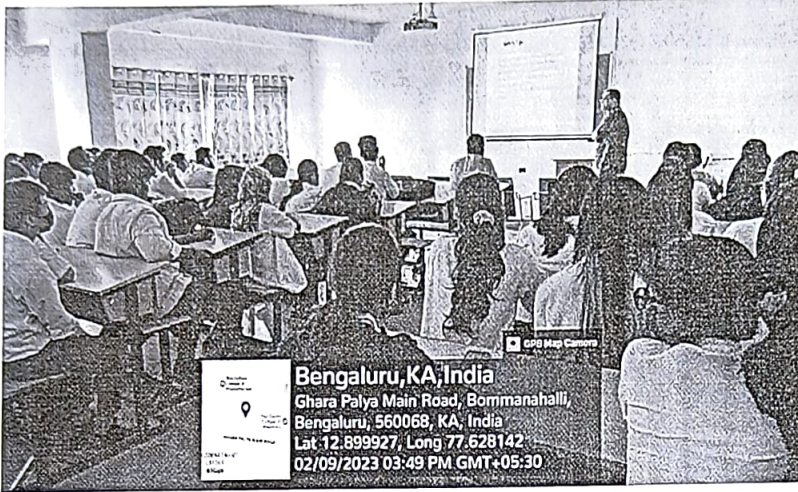
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### Outcome

The speaker of the programme Prof. Dharamvir extensively covered the topic with detailed introduction of the cyber security issues encountered so far. He elaborated Privacy of Data, Data Mining, Virus and Malware Attacks, Legal Issues, etc. He also pointed out Risks & Challenges, like Identity theft, Whistle-blowers, Cyber Stalking, Cyber Bullying, Cyber Terrorism and also suggested the methods of safer usage of social media. Additionally, speaker instructed students to follow rules and guidelines for internet use such as approved websites and apps, use filtering and monitoring software, use privacy settings and internet safety policies.

END OF REPORT

P. Padma

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Bangalore - 560 068



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Date: 03/03/2023

**CIRCULAR**

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'NO SMOKING DAY 2023' will be conducted on 09/03/2023. We look forward for the active participation for the same.

*P. Padma*

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DEPARTMENT OF PHARMACEUTICS, IQAC

ORGANIZED

AWARENESS PROGRAMME

ON

“NO SMOKING DAY”

ON

THURSDAY, 9<sup>TH</sup> MARCH 2023

CHIEF PATRON

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CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

CONVENER

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY

Dr. VIKRAM.T  
ASSISTANT PROFESSOR  
DEPARTMENT OF PHARMACEUTICS  
TOCP



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## PREAMBLE

The Oxford College of Pharmacy, Bengaluru, IQAC organized “NO SMOKING DAY 2023” with an aim to spread awareness about the harmful health effects of tobacco consumption through cigarette and other modes. Dr. Vikram.T, Assistant Professor, Department of Pharmaceutics initiated the programme along with students. The utmost intention of the program is to help smokers to get rid from the habit of smoking. The programme was conducted on 9<sup>th</sup> March 2023.

The history of No Smoking Day dates back to the early 1980s when a small group of individuals in the United Kingdom decided to launch a campaign to raise awareness about the harmful effects of smoking. The first No Smoking Day was observed in the UK in 1984, and since then, it has been observed annually on the second Wednesday in March.

The idea behind No Smoking Day was to encourage smokers to quit smoking by creating awareness about the risks associated with smoking. The campaign aimed to provide smokers with the support they need to quit smoking and to create a smoke-free environment for non-smokers.

## The content of the session

No Smoking Day 2023 was organized by The Oxford College of Pharmacy, Bengaluru on 9<sup>th</sup> March 2023 with the theme “Quit and Win”. The programme started with the welcoming of the audience and introduction of the speaker of the day Mr. Thirumala Rao, Lecturer, The Oxford College of Physiotherapy, Bengaluru.

No. of Participants: 60

Schedule: On 9<sup>th</sup> March 2023

Time Schedule	Programme
12 PM-1 PM	NO SMOKING DAY 2023



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Mr. Thirumala Rao addressed the students about sources of tobacco, consequences and harmful effects of tobacco to students through video. The programme was attended by students of B.Pharm. Around 60 participants including staffs and students of The Oxford College of Pharmacy attended the programme. The organizer Dr. Vikram concluded the programme with vote of thanks. He thanked Chairman Shri. S.N.V. L. Narasimha Raju, The Oxford Group of Institutions, Dr Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for encouraging to organize the event. After the inside campus program students went outside the campus along with faculties and aware the public about the risks associated with smoking.



CHILDREN'S EDUCATION SOCIETY (REGD.)

## THE OXFORD COLLEGE OF PHARMACY

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DEPARTMENT OF PHARMACEUTICS, IQAC



### NO SMOKING DAY- 2023

MARCH 9<sup>th</sup> 2023, 12 PM

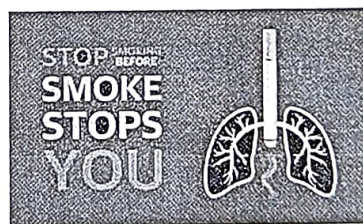
THEME: *QUIT AND WIN*

GUEST LECTURE BY

Mr. Thirumala Rao

Lecturer

THE OXFORD COLLEGE OF PHYSIOTHERAPY



PATRON

SHRI S. N. V. L. NARASIMHARAJU  
CHAIRMAN  
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CONVENER

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PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

ORGANIZING SECRETARY  
DR. VIKRAM. T

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THE OXFORD COLLEGE OF PHARMACY  
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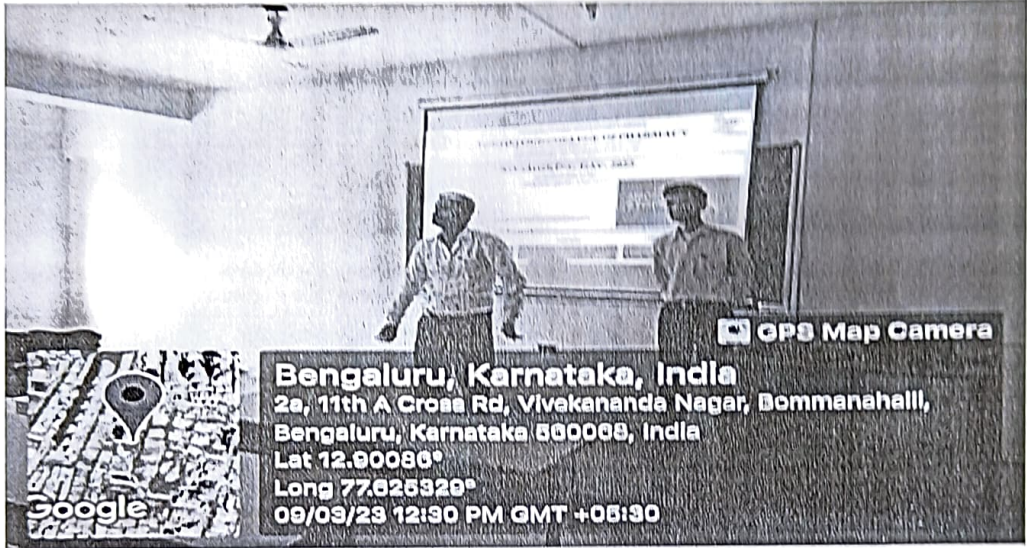
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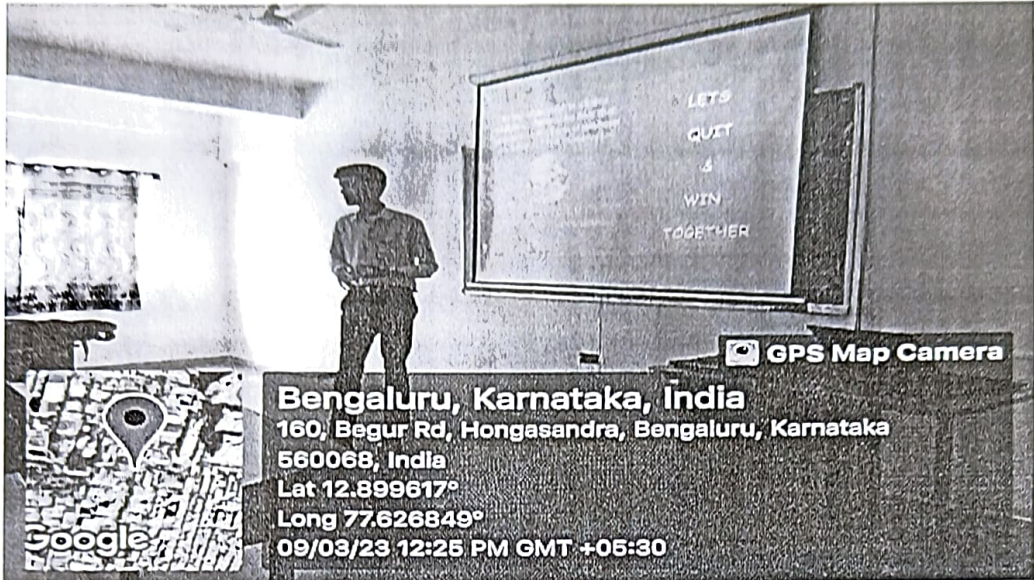
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### Students creating awareness in society- No smoking day

#### OUTCOME OF THE PROGRAMME

On “No Smoking Day” The Oxford College of Pharmacy created awareness within its campus among the students and staff about the fatal consequences of smoking and use of tobacco. At the same time, faculty and students went out together on the streets and market place. They promoted awareness among the labourer, vendors, shopkeepers about the harmful effects of smoking and tobacco consumption and encouraged people to quit smoking. They also oriented individuals and different groups of people in the society about the benefits of quitting smoking such as good health, reduced healthcare cost, a clean environment, improvement in academic performance, and improves social behaviours etc. The efforts of the Oxford College of Pharmacy in creating awareness regarding the fatal effects on health etc. received much appreciation from the local people.

END OF REPORT

*P. Padma*  
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Date : 25/4/2023

## CIRCULAR

All the teaching, no-teaching and students of The Oxford College of Pharmacy are here by informed that The Oxford College of Pharmacy, Bengaluru, IQAC, organizing "WORLD ASTHMA DAY 2023" an awareness program to educate our staffs and students about the asthma condition, the medication, treatment and its first aid. The program will be conducted on May 2<sup>nd</sup> 2023. We request your active participation for the same.

PRINCIPAL

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The Oxford College Of Pharmacy  
No 6/9, 1st Cross, Begur Road, Hongasandra  
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Children's Education Society (Regd.)

# The Oxford College of Pharmacy

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Approved by Pharmacy Council of India, New Delhi)

Accredited by NAAC and International Accreditation Organization (IAO)

DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,

IQACORGANIZE

AWARENESS PROGRAM

ON

“WORLD ASTHMA DAY”

ON

TUESDAY, 02<sup>ND</sup> MAY 2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

**ORGANIZING SECRETARY**

Mrs. PRADEEPA PRASAD  
ASST PROFESSOR,  
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY,  
TOCP





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## PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "**WORLD ASTHMA DAY 2023**" with an aim to raise an awareness program to educate our staffs and students about the asthma condition, the medication, treatment and its first aid. The program was conducted on May 2<sup>nd</sup> 2023

GINA (global Initiative for asthma) a World Health Organization collaborative organization founded in 1993 has chosen "Asthma care for All" as the theme for the 2023 World Asthma Day. Its global healthcare event which is observed on the first Tuesday in May every year in a bid to spread awareness about the chronic respiratory disease. This year, the day is being marked on May 2, 2023. The day was chosen to correspond with the summer seasons, when allergies and weather changes might aggravate asthma symptoms. If asthma is not adequately managed, it might result in numerous other health problems. Chronic asthma may lead to breathing issues, sleep disturbances, exhaustion and poor focus in the long run. **The Asthma care for All** message promotes the development and implementation of effective asthma management programs in all resource countries.

According to a study conducted by the Global Asthma Network (GAN), India is responsible for over 42% of the world asthma-related deaths. Asthma is a medical condition that causes the airways to narrow and become inflamed, leading to the accumulation of mucus, resulting in difficulty breathing. World Asthma Day is a significant occasion that seeks to increase awareness about asthma and its treatment.

## THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Pradeepa Prasad, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.



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Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry, was invited to talk about the Asthma Day. She was delivered about the management of asthma by various breathing techniques like Anulom Vilom Pranayama, and educate the participants to stay healthy by Making the necessary lifestyle adjustments to maintain a healthy mind and body by avoiding behaviors that can impede your mental and physical growth. By keeping yourself active and involved in something constructive.

The program has three different sessions which is delivered by students of III Pharm D. The first session was "Know the condition" which provides all information about the disease condition, its causes and importance of the condition. The second session was "The Treatment and First Aids" includes all the possible treatment plans, medications and how to perform the first aids in an emergency situation.



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The third session was "How to use an Inhaler", which is a demonstration of medicated metered Inhaler by Miss. Dimple, student of III Pharm D. The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 100 participants including staffs and students of oxford college of Pharmacy were attended the program.

The organizer Mrs. Pradeepa Prasad concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, the oxford college of pharmacy for organizing such an event and Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

No of participants: 100 participants

Schedule: On 2<sup>nd</sup> May 2023

Time Schedule	Programme
10 am	"WORLD ASTHMA DAY 2023"




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**THE OXFORD COLLEGE OF PHARMACY**

CHILDREN'S EDUCATION SOCIETY (REGD.)

**THE OXFORD COLLEGE OF PHARMACY**

6/9, 1ST CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE - 560068 (Recognized by the Govt. of Karnataka, affiliated to RGUHS, Karnataka, and Drug control Board, Karnataka. Approved by A.I.C.T.E and Pharmacy Council of India, New Delhi)



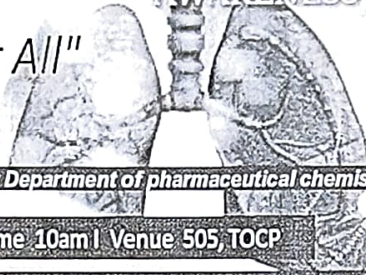
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INVITES YOU TO

# WORLD ASTHMA DAY 2023

## AWARENESS PROGRAMME

*"Asthma Care for All"*



**organized by Department of pharmaceutical chemistry, IQAC, Bangalore**

**Date: Tuesday, 02<sup>nd</sup> May 2023 | Time: 10am | Venue: 505, TOCP**

**Organized by Department of pharmaceutical chemistry, IIC, Bangalore**

<p><b>CHIEF PATRON</b></p> <p>SHRIS. N. V. L NARASIMHA RAJU</p> <p>CHAIRMAN</p> <p>THE OXFORD GROUP OF INSTITUTIONS</p>	<p><b>CONVENER</b></p> <p>Dr. PADMAA M PAARAKH</p> <p>PRINCIPAL</p> <p>THE OXFORD COLLEGE OF PHARMACY</p>	<p><b>ORGANIZING SECRETARY</b></p> <p>Mrs. PRADEEPA PRASAD</p> <p>Asst Professor,</p> <p>Department of Pharmaceutical Chemistry,</p> <p>TOCP</p>
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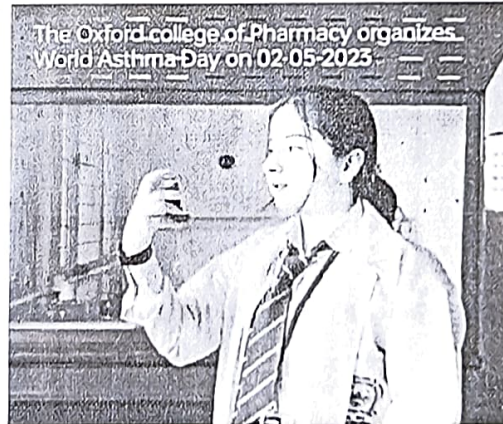
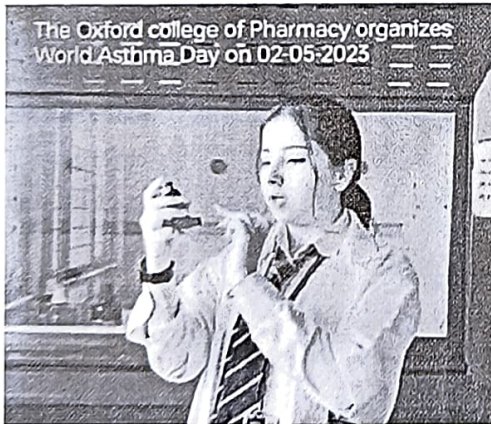
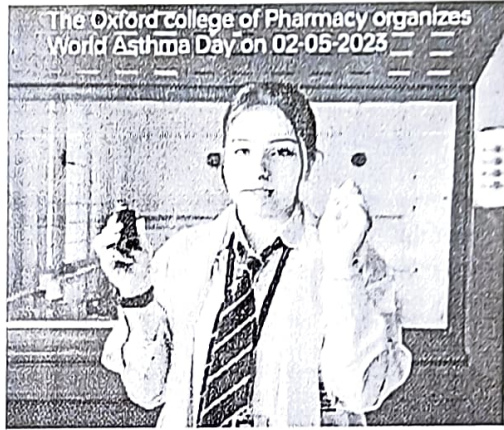
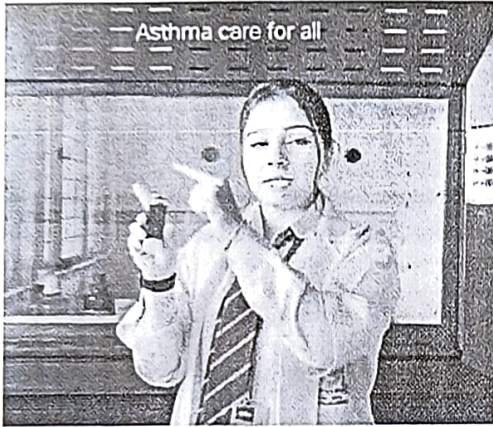
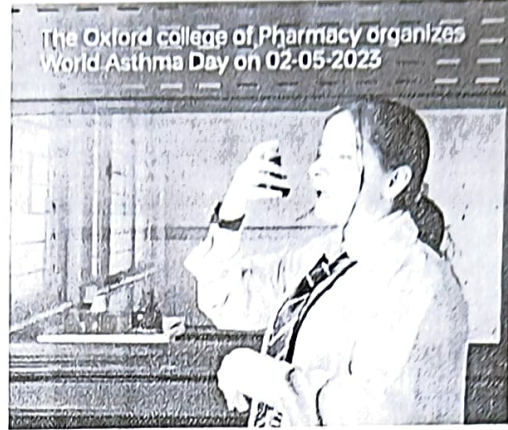
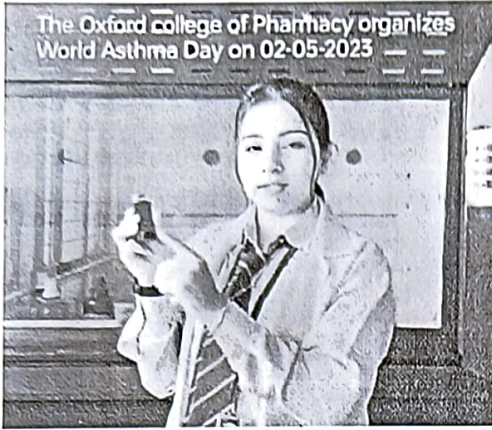
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## "ASTHMA CARE FOR ALL"

- World Asthma Day is an annual awareness day that is organized by the Global Initiative for Asthma (GINA).
- Its main goal is to raise awareness about asthma and improve asthma care around the world.
- The event is held on the first Tuesday of May every year and aims to promote understanding of asthma and encourage individuals to take control of their asthma by seeking appropriate medical care.

## HOW TO USE AN INHALER

- **STEP 1: Remove the cap**
- The cap is a small covering located over the mouthpiece of the inhaler to prevent foreign objects from getting in the inhaler. Pull the cap to remove it and set it in a safe place. An uncapped inhaler can pick up germs and debris, which you will then pump into your lungs.
- Make sure that you don't lose your cap while you're using your inhaler.



## SYMPTOMS OF ASTHMA TO LOOK OUT FOR

- Wheezing, a whistling or squeaky sound when breathing
- Shortness of breath or difficulty in breathing
- Chest tightness or pain
- Chronic coughing especially at night or early morning
- Rapid breathing or panting
- Trouble sleeping
- Fatigue or tiredness due to difficulty of breathing
- Anxiety or panic due to sudden onset of symptoms



## FIRST AID FOR ASTHMA

- Step 1: Sit the person upright
- Be calm and reassuring
- Do not leave them alone
- Step 2: Give 4 separate puffs of blue/grey reliever puffer
- Shake the puffer
- Put 1 puff into the spacer
- Get the person to take 4 breaths from the spacer
- Repeat until 4 puffs have been taken. If you don't have a spacer, give 1 puff as they take 1 slow, deep breath and hold breath for as long as comfortable. Repeat until all puffs are taken.
- Remember: Shake, 1 puff, 4 breaths.





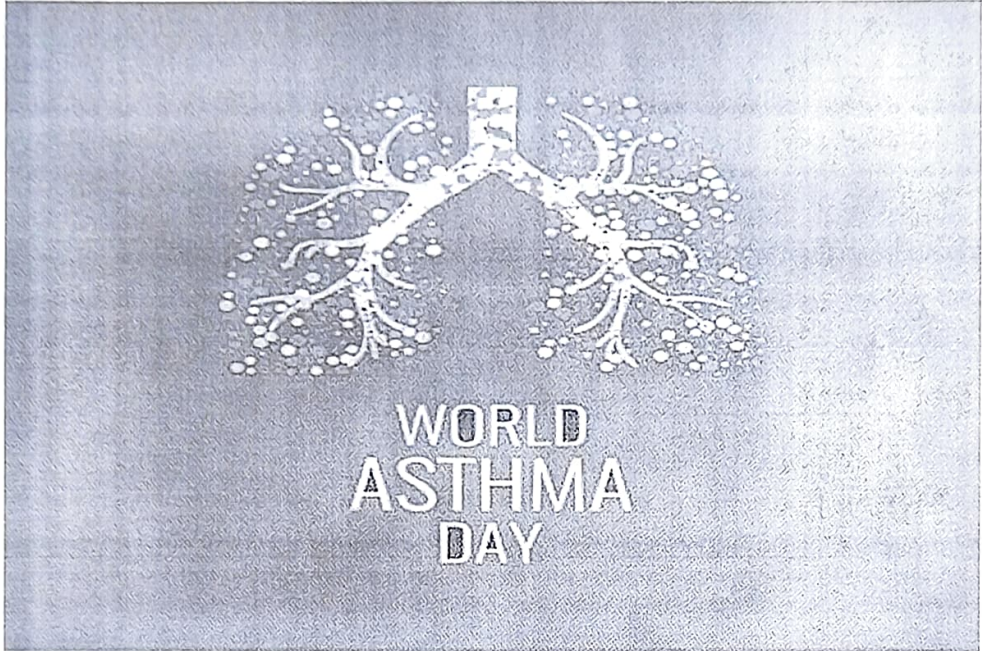
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"BREATHE IN, BREATHE OUT AND KEEP CALM"



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## OUTCOME OF THE PROGRAMME

The program with an aim to raise an awareness and to educate our staffs and students about the asthma condition, the medication, treatment and its first aid was successfully achieved. Students gained information about the disease condition, its causes and importance. Students also practiced various breathing techniques for management of asthma that to be practiced in daily life. The demonstration of medicated metered Inhaler has created a good knowledge among the students.

END OF THE REPORT

*P. Padma*

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DATE:02/05/23

## CIRCULAR

This is to inform all the students and teaching staff of The Oxford College of Pharmacy that, a program titled "Awareness programme on antibiotics usage" will be conducted on 08/05/23. We request for the active participation for the same.

*P. Padma*

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DEPARTMENT OF PHARMACOLOGY, IQAC

ORGANISED

"AWARENESS PROGRAMME ON ANTIBIOTICS USAGE"

ON

MONDAY 8TH MAY 2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD EDUCATIONAL INSTITUTIONS

**CONVEYER**

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

**ORGANISING SECRETARY**

MRS. NAGALAKSHMI R

ASSISTANT PROFESSOR

DEPARTMENT OF PHARMACOLOGY

**RESOURCE PERSON**

DR. NOOPUR SRIVASTAVA

ASSOCIATE PROFESSOR

DEPARTMENT OF PHARMACOLOGY



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## PREAMBLE

Antibiotics are essential medicines that fight infections caused by bacteria in humans and animals by either killing the bacteria or making it difficult for them to grow and multiply. However, their misuse and unnecessary prescription can lead to side effects and contribute to antibiotic resistance, which is a significant threat to public health.

## CONTENT

An awareness program was held on 8/05/2023 at The Oxford College of Pharmacy, organised by Ms. Nagalakshmi, Department of Pharmacology and speech delivered by Dr Noopur Srivastava, Associate Professor, Department of Pharmacology, discussed in depth about awareness on antibiotic usage. And explained thoroughly regarding antibiotic resistance and its effect on public health. There were around 50 participants.

Antibiotics are potent drugs that cure certain illnesses and, when taken correctly, may save lives. They either prevent germs from multiplying or kill them. Bacteria are normally killed by the immune system before they grow and produce symptoms. White blood cells (WBCs) destroy dangerous germs; even if symptoms appear, the immune system is normally able to manage and fight off the illness. However, there are occasions when the quantity of hazardous germs is enormous, and the immune system is unable to eliminate them all. Antibiotics can be handy in this situation.

Penicillin was the first antibiotic. Penicillin-based medicines, such as ampicillin, amoxicillin, and penicillin G, are still accessible and have been used for many years to treat a range of illnesses.

As well as they discussed about the side effects of antibiotic usage. The amount of antibiotics to which our planet's microbes have been exposed over the previous half-century might be in the millions of metric tons. Antibiotic overuse has resulted in selection pressure and the evolution of multidrug resistant superbugs. In India, the situation is considerably worse because antibiotics may be acquired over the counter and, more recently, through internet shopping without a legitimate doctor's prescription.



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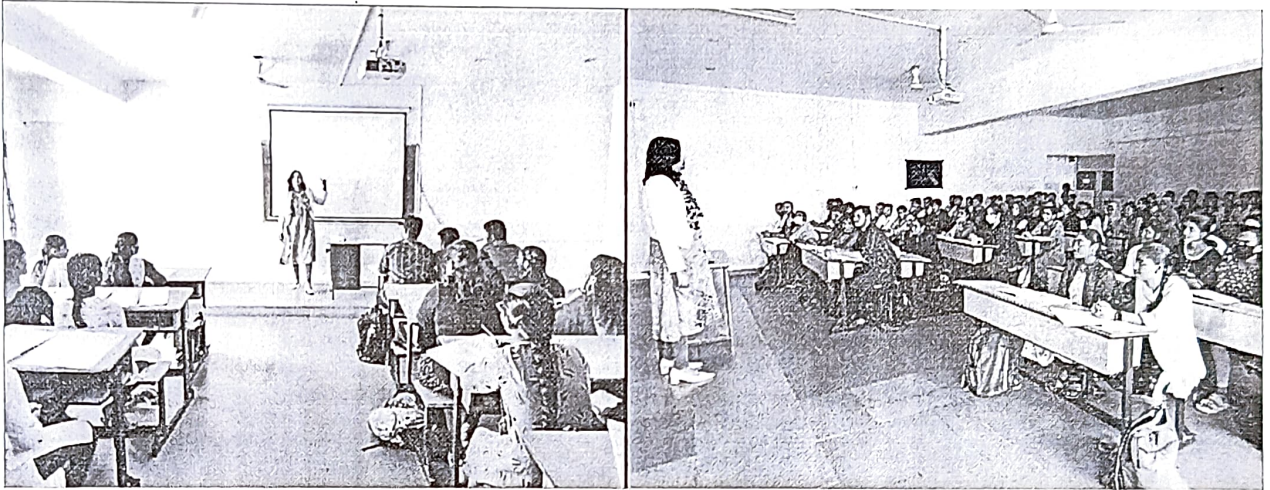
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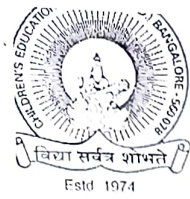
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You may need to take antibiotics for some bacterial infections. For example, you might not need them for many sinus infections. Taking antibiotics when they're not needed won't help you, and they can have side effects.

Strategies to limit the development of resistance are urgently needed, and one of them is educating the general public about prudent antibiotic use. People who are aware of antibiotic resistance concerns will put less pressure on doctors to use medicines. After the program students went out to create awareness in the society.



Students addressed by Dr Noopur Srivastava



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Students creating awareness in society regarding antibiotic usage



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## OUTCOME

The outcomes of this program are the student's got knowledge about, the antibiotic usage include treating bacterial infections, preventing the spread of diseases, and reducing healthcare costs. However, overuse or misuse of antibiotics can lead to antibiotic-resistant and side effects. Therefore, it is crucial to use antibiotics appropriately to maximize their benefits and prevent risks. From this program the students educated about the importance antibiotics in treating infectious diseases provided by they used properly under the observation of doctor with prescription. If the same medicine misused, the patients may get resistance to the antibiotic and may lead further complications to the patients. Thereafter, college also taken initiative to send students and faculty in the field. Few groups approached various people and taught them on the safe intake of antibiotics. The students visited voluntarily to some of the pharmacy to educate and request pharmacist and people working in the pharmacy shop, not to dispense antibiotics without prescription and half dosage regimen. From this discussion the pharmacists expressed their happiness for students concern towards people and society. The community pharmacists assured students that they don't dispense antibiotics without proper prescription and incomplete regimen.

**END OF THE REPORT**

*P. Padma*

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Date: 26/5/2023

## CIRCULAR

All the teaching, no-teaching and students of The Oxford College of Pharmacy are here by informed that The Oxford College of Pharmacy, Bengaluru, IQAC, organizing " **WORLD NO TOBACCO DAY 2023**" about the awareness of alternative crop production and marketing opportunities for tobacco farmers. The program will be conducted on June 1<sup>st</sup> 2023. We request your active participation for the same. The theme of the Programme was "**GROW FOOD NOT TOBACCO**".

*P. Padma*  
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**DEPARTMENT OF PHARMACOLOGY, IQAC**

ORGANISED

PROGRAMME ON

“WORLD NO TOBACCO DAY”

ON

THURSDAY, 1<sup>ST</sup> JUNE, 2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

**ORGANIZING SECRETARY**

Dr. G. VENKATA KARTHIK KUMAR REDDY  
ASST PROFESSOR  
DEPARTMENT OF PHARMACOLOGY

**SPEAKERS**

Dr. GURURAJ S KULKARNI

Professor & HOD, Department of  
Pharmaceutics

&

Dr. NOOPUR SRIVASTAVA  
Asso. Professor, Department of Pharmacology



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### PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IQAC, organized "**WORLD NO TOBACCO DAY 2023**" with an aim to educate our staffs and students about the awareness of alternative crop production and marketing opportunities for tobacco farmers. The program was conducted on JUNE 1<sup>st</sup> 2023. The theme of the Programme was "**GROW FOOD NOT TOBACCO**".

On 1<sup>ST</sup> June 2023, WHO and public health champions around the world will come together to celebrate World No Tobacco Day (WNTD). This year's theme is "Grow food, not tobacco". The 2023 global campaign aims to raise awareness about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable, nutritious crops. It will also aim to expose the tobacco industry's efforts to interfere with attempts to substitute tobacco growing with sustainable crops, thereby contributing to the global food crisis.

The growing food crisis is driven by conflicts and wars, climatic shocks, and the economic and social impacts of the COVID-19 pandemic. Structural causes like the choice of crop also have an impact, and look into tobacco growing reveals how it contributes to increased food insecurity:



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email: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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## The Oxford College of Pharmacy

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- Across the globe around 3.5 million hectares of land are converted for tobacco growing each year. Growing tobacco also contributes to deforestation of 200 000 hectares a year.
- Tobacco growing is resource intensive and requires heavy use of pesticides and fertilizers, which contribute to soil degradation.
- Land used for growing tobacco then has a lower capacity for growing other crops, such as food, since tobacco depletes soil fertility.
- Compared with other agricultural activities such as maize growing and even livestock grazing, tobacco farming has a far more destructive impact on ecosystems as tobacco farmlands are more prone to desertification.

### THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr. G. Venkata Kartheek Kumar Reddy, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Noopur Srivastava, Associate Professor, Department of Pharmacology and Dr. Gururaj S Kulkarni, HOD & Professor, Department of Pharmaceutics were invited to talk about the awareness of about alternative crop production and marketing opportunities for tobacco farmers and encourage them to grow sustainable, nutritious crops and awareness of tobacco abuse and its effects to the society. II Yr M. Pharm Pharmacology and Pharmaceutics, I Pharm D, IV Pharm D, I & II D. Pharm students were participated in the Programme.



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The organizer Dr. G. Venkata Kartheek Kumar Reddy concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, Principal, The Oxford College of Pharmacy for organizing such an event and Dr. Noopur Srivastava, Associate Professor, Department of Pharmacology and to all the other faculties and students who participated in the event and helped in its successful completion of the event. After the event students went outside the campus to create awareness in the nearby community

No of participants: 90 participants

Schedule: On 1<sup>st</sup> June, 2023

Time Schedule	Programme
11.00AM-12.00PM	"NO TABACCO DAY 2023"

*P. Padma*  
Principal

**PRINCIPAL**  
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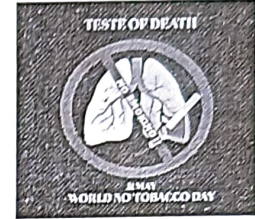
CHILDREN'S EDUCATION SOCIETY (REGD.)  
THE OXFORD COLLEGE OF PHARMACY  
609, 1<sup>ST</sup> CROSS, BEGUR ROAD, HONGASANDRA, BENGALURU - 560068  
DEPARTMENT OF PHARMACOLOGY, IQAC



## WORLD NO TOBACCO DAY

JUNE 1<sup>ST</sup> 2023

THEME: "GROW FOOD, NOT TOBACCO"



### CHIEF PATRON

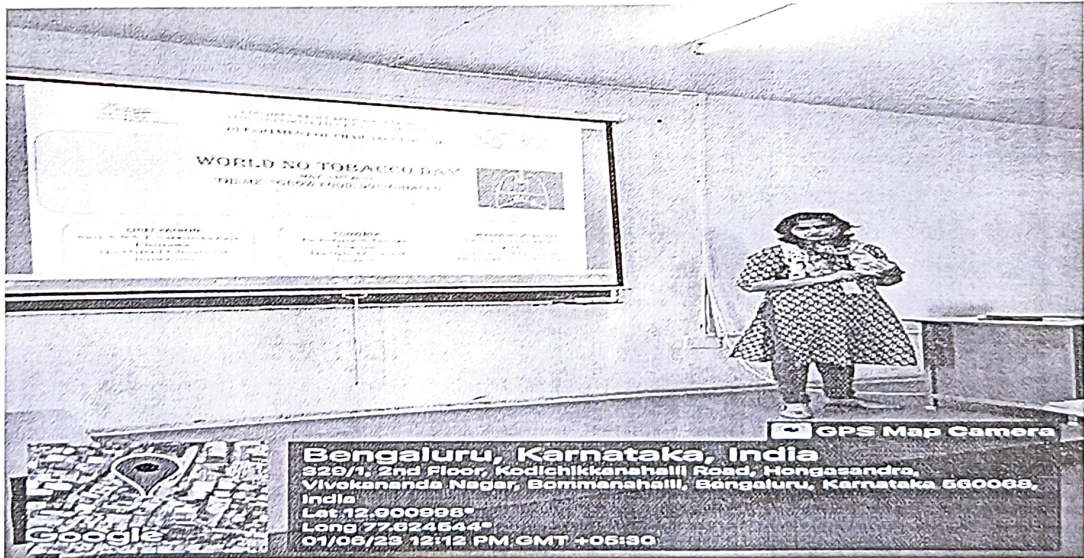
Shri. S N V L Narasimha Raju,  
Chairman,  
The Oxford Educational  
Institutions

### CONVENER

Dr. Padmaa M. Paarakh,  
Principal,  
The Oxford College of  
Pharmacy

### ORGANIZING SECRETARY

DR. G KARTHIK REDDY,  
Assistant Professor,  
Department of Pharmacology,  
The Oxford college of Pharmacy



**Bengaluru, Karnataka, India**  
329/1, 2nd Floor, Kodichikkanahalli Road, Hongasandra,  
Vivakananda Nagar, Bommanahalli, Bengaluru, Karnataka 560068,  
India  
Lat: 12.900998°  
Long: 77.824844°  
01/06/23 12:12 PM GMT +05:30



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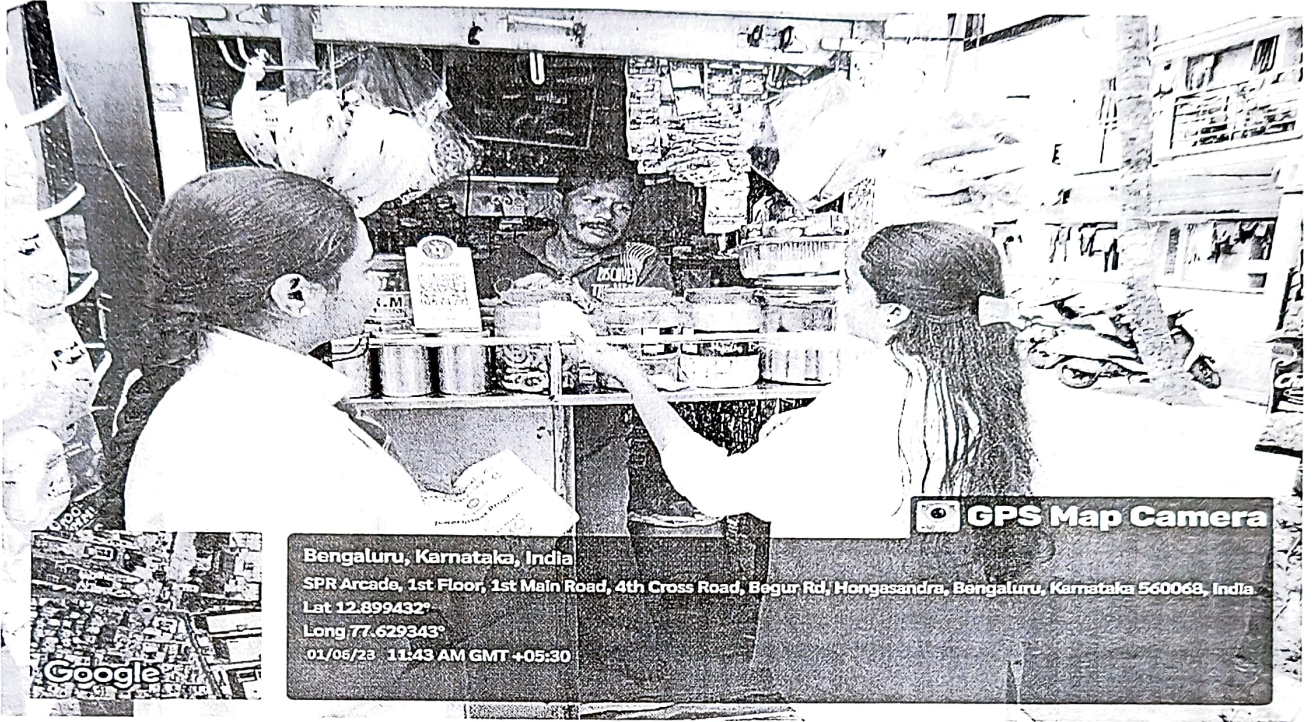


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**GPS Map Camera**  
Bengaluru, Karnataka, India  
SPR Arcade, 1st Floor, 1st Main Road, 4th Cross Road, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India  
Lat 12.899432°  
Long 77.629343°  
01/05/23 11:43 AM GMT +05:30



**GPS Map Camera**  
Bengaluru, Karnataka, India  
VJWG+JFM, Begur Rd, Hongasandra, Bengaluru, Karnataka 560068, India  
Lat 12.896591°  
Long 77.626124°  
01/06/23 12:01 PM GMT +05:30

Students creating awareness in the local community- No tobacco day



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## OUTCOME OF THE PROGRAMME

This year's theme for no tobacco day is "Grow Food, Not Tobacco," emphasizes the importance of healthy food production in reducing tobacco use. Through this awareness program students gained knowledge to Promote food production over tobacco cultivation, create jobs, reduce pesticide use, and improve overall health. Reducing tobacco use can positively impact society, including improved health for students, cost savings in healthcare, and a more equitable society for all. Students along with faculties created awareness in the local society and explained the risk in consuming tobacco. Students were appreciated by the public.

END OF THE REPORT

*P. Padma*

**PRINCIPAL**  
The Oxford College Of PL  
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DATE: 02/06/2023

## CIRCULAR

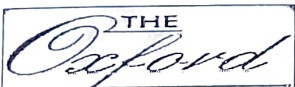
All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on “**WORLD ENVIRONMENT DAY 2023**” will be conducted on 05/06/2023. We request the active participation for the same.

*P. Padma*

PRINCIPAL

PRINCIPAL

The Oxford College Of Pharmacy  
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DEPARTMENT OF PHARMACEUTICAL CHEMISTRY, IQAC

ORGANIZED

AWARENESS PROGRAM  
ON

“WORLD ENVIRONMENTAL DAY”

ON

MONDAY, 05<sup>th</sup> JUNE 2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

**ORGANIZING SECRETARY**

Mrs. VISHNUPRIYA S  
ASSISTANT PROFESSOR  
DEPARTMENT OF PHARMACEUTICAL CHEMISTRY  
TOCP





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## PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IIC, organized "WORLD ENVIRONMENTAL DAY 2023" with an aim to raise an awareness program to educate our students about the protection and preservation of the environment. The program was conducted on June 5<sup>th</sup> 2023

The history of world environment day can be tracked back to 1972 when the United Nations Conference on the Human Environment was held in Stockholm, Sweden. As a result of this conference, the United Nations Environment Programme (UNEP) was established on June 15, 1972. The UNEP proposed a special day for the environment. In 1972, the UN General Assembly designated June 5 as World Environment Day (WED). The first World Environment Day was observed on June 5, 1973, with the slogan "Only One Earth." World Environment Day 2023 marks the completions of 50 years of its establishment. This year, the theme of the WED 2023 is "#Beat Plastic Pollution." The environment has suffered a lot due to industrialization. World Environment Day encourages people to adopt eco-friendly practices to have a greener and clear environment and then focused on solutions to plastic pollution under the campaign.

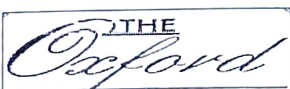
The condition of our environment is getting declined day by day because of the pollution and global warming. We should celebrate and promote eco-friendly development in our country in order to save the environment for better future.

## THE AWARNNESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Mrs. Vishnupriya S, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

It is a day that reminds everyone on the planet to get involved in environment friendly activities. Keeping this aim in view, The Oxford College of Pharmacy celebrated World Environment Day on 5<sup>th</sup> June 2023. Students of various branches from department participated and celebrated world

environmental day enthusiastically. All the students were asked to plant a sapling to create a green



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corner around the college campus and their home gardens, as well as all the teachers also helped the students in planting. A lot of enthusiasm was seen in the students. After the plantation program the students assembled in 506 room, our Principal mam, Dr Padmaa M Paarakh, gave a very good and well-researched speech about how the condition of our environment today is and why we need to be aware. She also told us what steps we should take immediately so that we can make our environment healthy. At the end, she took a promise from all the students that no one will pollute the environment and will not allow anyone to do so and the event was conducted successfully with whole hearted participation and awareness about green environment.

The organizer Mrs. Vishnupriya S concluded the program with vote of thanks. She thanked chairman Shri S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, the oxford college of pharmacy for organizing such an event and Dr. Jyoti Srivastava, HOD, Department of Pharmaceutical chemistry. And to all the other faculties and students who participated in the event and helped in its successful completion of the event. After the program students went to local community and conveyed the message of importance of implantation.

No of participants: 50 participants

Schedule: On 5<sup>th</sup> June 2023

Time Schedule	Programme
10 am	"WORLD ENVIRONMENT DAY 2023"



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CHILDREN'S EDUCATION SOCIETY (REGD.)



## THE OXFORD COLLEGE OF PHARMACY

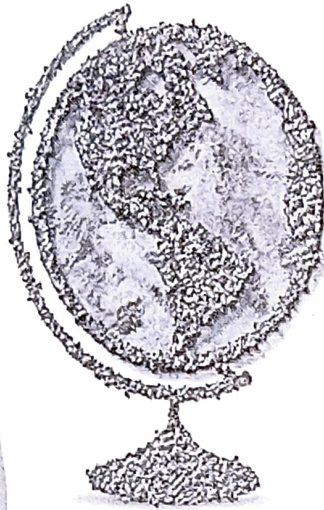
6/9, 1<sup>st</sup> CROSS, BEGUR ROAD, HONGASANDRA, BANGALORE-560068

CELEBRATING WORLD ENVIRONMENT DAY-2023

“#BEAT PLASTIC POLLUTION”

Organized Under IQAC, The Oxford College of Pharmacy

Conducted On 5<sup>th</sup> JUNE 2023



PATRON

CONVENER

ORGANIZING MEMBER

**SHRI S. N. V. L. NARASIMHARAJU**  
CHAIRMAN  
THE OXFORD GROUP OF  
INSTITUTIONS

**Dr. PADMAAM PAARAKH**  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

**Mrs VISHNUPRIYA S.**  
ASSISTANT PROFESSOR,  
THE OXFORD COLLEGE OF  
PHARMACY



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**Bengaluru, KA, India**  
Ghara Palya Main Road, Bommanahalli,  
Bengaluru, 560068, KA, India  
Lat 12.899840, Long 77.627855  
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**Bengaluru, KA, India**  
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06/05/2023 09:49 AM GMT+05:30



**Bengaluru, KA, India**  
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Bengaluru, 560068, KA, India  
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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);



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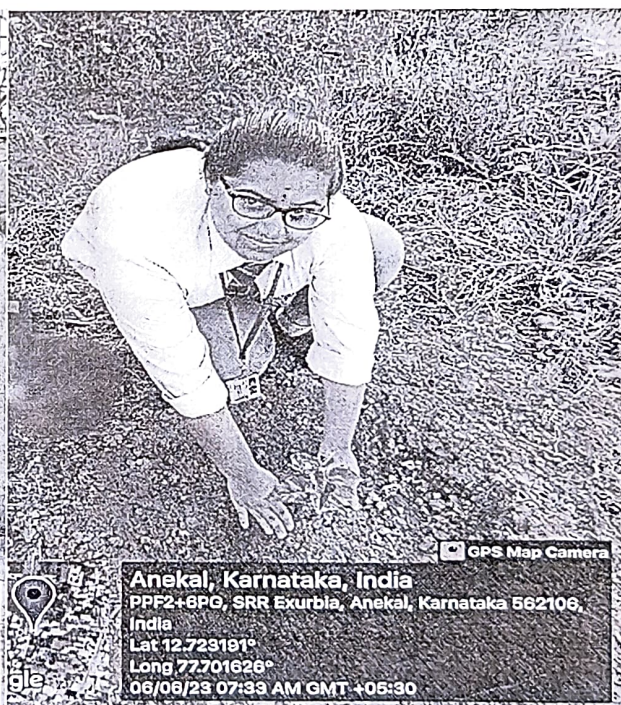
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Layout, Hongsandra, Bengaluru, Karnataka 560068, India  
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Long 77.626005°  
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Bengaluru, KA, India  
2nd Main Road, Bommanahalli, Bengaluru,  
560068, KA, India  
Lat 12.901170, Long 77.643767  
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South, Tumakuru, India  
1/238, Hosur, Tumakuru, India 53120, India  
Long 77.990004°  
Lat 12.707024°  
03/10/2023 06:41 PM



Anekal, Karnataka, India  
PPF2+8PG, SRR Exurbia, Anekal, Karnataka 562106,  
India  
Lat 12.723191°  
Long 77.701628°  
06/08/23 07:39 AM GMT +05:30



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e-mail: pharmacyprincipal@theoxford.edu; info@theoxford.edu;



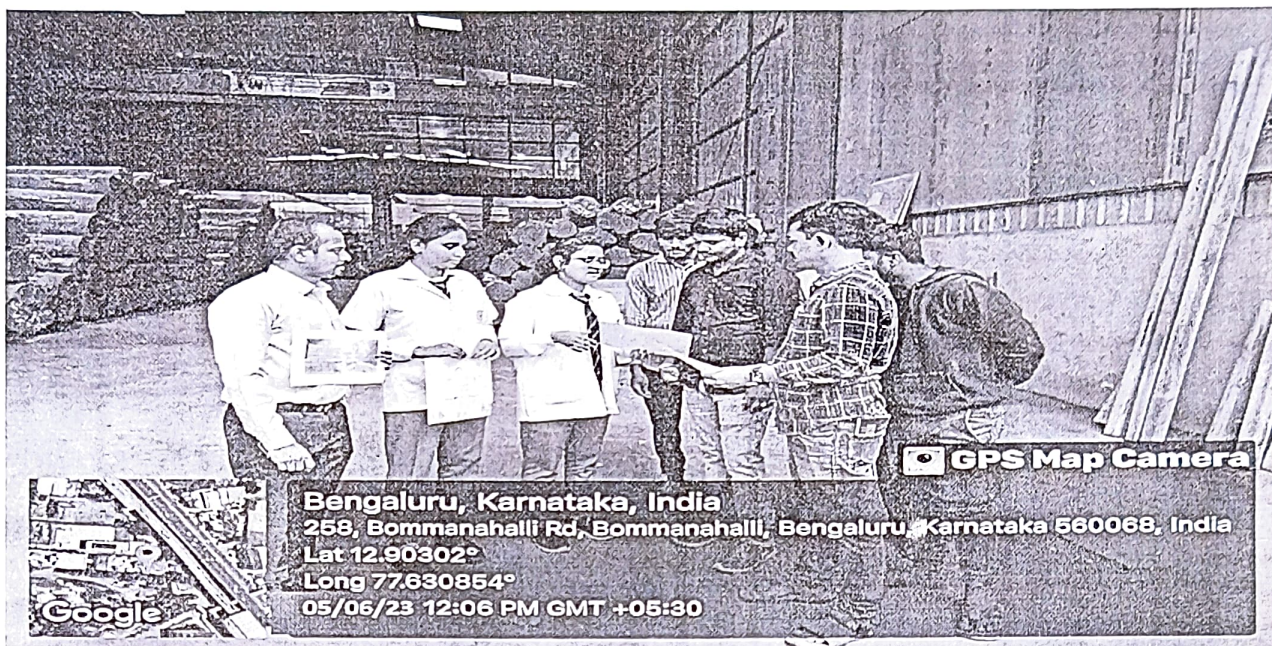
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Students conveying the message of implantating trees in the local community

## OUTCOME OF THE PROGRAMME

This program offered an opportunity for students to learn about the environment and develop a sense of responsibility and commitment to sustainability. A sign of the impact of the day, students planted various plants on the college premises and even went out creating awareness about the role of every individual in keeping the environment safe and healthy, keeping society free from pollution and planting more trees. It can also positively impact society by leading to changes in behaviour and policy, creating new industries and jobs, and reducing costs associated with environmental degradation. Overall, it is an important event that promotes a healthier and more sustainable future for ourselves and future generations.

END OF REPORT

*P. Padma*

PRINCIPAL

The Oxford  
69, 1st Cross,  
Bangalore



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Date : 26/5/2023

CIRCULAR

All the teaching staff and students of The Oxford College of Pharmacy are here by informed that The Oxford College of Pharmacy, Bengaluru, IQAC, organizing "**WORLD FOOD SAFETY DAY 2023**" on 8/6/23 an awareness and entertaining program to educate our staffs and students about the safety of foods, the cooking without fire competition is going to be conducted with the topic of NATURE'S TREAT (ZERO JUNK ) for B.Pharm , M.pharm , Pharm.D and D.pharm students , The students who are interested can register your name with the organizing secretary Mrs. Joyce , Dept of Pharmacology .We request your active participation for the same.

*P. Padua*

PRINCIPAL

PRINCIPAL

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DEPARTMENT OF PHARMACOLOGY, IQAC  
ORGANISED PROGRAM  
ON

“WORLD FOOD SAFETY DAY 2023”

ON

7<sup>th</sup> June 2023

**CHIEF PATRON**

SHRI S. N. V. L NARASIMHA RAJU  
CHAIRMAN  
THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

DR. PADMAA M PAARAKH  
PRINCIPAL  
THE OXFORD COLLEGE OF PHARMACY

**ORGANIZING SECRETARY**

MRS. JOYCE  
ASST PROFESSOR,  
DEPARTMENT OF PHARMACOLOGY,  
THE OXFORD COLLEGE OF PHARMACY



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#### PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, IIC, organized "WORLD FOOD SAFETY DAY" on 7<sup>th</sup> JUNE 2023, with the aim to raise alert about food safety, Mrs. Joyce, Assistant Professor Department of Pharmacology, initiated the celebration of the program along with students, conducted food purity testing demo and fireless cooking competition to promote the importance of healthy food, there were around 30 contestants who actively took part in the competition.

#### The content of the Session:

"World food safety day" celebration was organized by The Oxford College of Pharmacy, Bangalore on 7th June 2023" with the theme "Nature's treat (ZERO JUNK)". The program started with the welcoming of the audience, contestants were enthusiastically participating in the event "fireless cooking", They stuck to the theme in the competition and presented the dishes which is 100% organic, Students also showed the food purity demo

The event was judged by

Dr. Guraj Kulkarni, (HOD, Department of Pharmaceutics)  
Dr. Parthasarathy, (HOD, Department of Pharmacy Practice)  
Dr. Noopur, (HOD, Department of Pharmacology) &  
Dr. Jyoti, (HOD, Department of Pharmaceutical Chemistry)

The Judges were judging the event based on four criterias presentation, taste, hygiene and uniqueness, based on their judgement II PharmD students, Ms. Hasuba, Ms. Vency, Ms. Uttara won the first prize.



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No of Contestants: 30 participants.

Schedule: On 8<sup>th</sup> June 2023

Time Schedule	Programme
11.30 am to 12.30 pm	"WORLD FOOD SAFETY DAY 2023"

CHILDREN'S EDUCATION SOCIETY (REGD)  
THE OXFORD COLLEGE OF PHARMACY  
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DEPARTMENT OF PHARMACOLOGY



**WORLD FOOD SAFETY DAY**  
JUNE 7<sup>TH</sup> 2023

**SAFE FOOD SAVES LIFE**

**Chief Patron**

Shri. S N V L Narshimha  
Raju,  
Chairman  
Oxford Education  
Institutions  
Bangalore

**Convener**

Dr.Padmaa. M. Paarakh  
Principal  
The Oxford College of  
Pharmacy  
Bangalore

**Organizing secretary**

Mrs. Joyce  
Assistant Professor  
Department of  
Pharmacology  
The Oxford college of  
Pharmacy  
Bangalore



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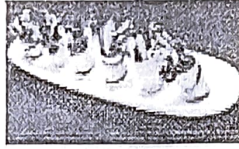
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World Food Safety day celebration -2023

SAFE FOOD SAVES LIFE

Fireless cooking competition



on June 8<sup>th</sup> 2023

From 11.50 am to 12.40 pm at room no.502

At The Oxford college of pharmacy, Bangalore



*We cordially invite you all for the food safety day celebration*

Chief Patron

Shri. S N V L. Narshimha Reju,  
Chairman  
Oxford Education Institutions  
Bangalore

Convener

Dr. Padmaa. M. Paarakh  
Principal  
The Oxford College of Pharmacy  
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Mrs. Joyce  
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Program clicks



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**Bengaluru, KA, India**  
Bommanahalli, Bengaluru, 560068, KA, India  
Lat 12.900935, Long 77.628240  
06/08/2023 12:10 GMT+05:30  
Note: Captured by GPS Map Camera

**Bengaluru, KA, India**  
Bommanahalli, Bengaluru, 560068, KA, India  
Lat 12.900134, Long 77.628240  
06/08/2023 12:19 GMT+05:30  
Note: Captured by GPS Map Camera



**Bengaluru, KA, India**  
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560068, KA, India  
Lat 12.900075, Long 77.626735  
06/08/2023 12:19 GMT+05:30  
Note: Captured by GPS Map Camera



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## OUTCOME OF THE PROGRAMME

The program with an aim to raise an awareness and to educate our staffs and students about the food safety, Students gained knowledge about the food adulteration, importance of food safety, hygiene and organic stuffs, The session also given the demo of food adulterations and testing methodologies, the cooking without fire competition encouraged the participants and audience to develop the practice of consuming zerojunks.

END OF THE REPORT

*P. Padma*

**PRINCIPAL**

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Bangalore - 560 068



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Date: 10/06/2023

**CIRCULAR**

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that an awareness programme on 'WORLD BLOOD DONOR DAY 2023' will be conducted on 14/06/2023. We look forward for the active participation for the same.

*P. Padma*  
PRINCIPAL

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DEPARTMENT OF PHARMACY PRACTICE, IQAC

ORGANIZED

AWARENESS PROGRAMME

ON

“WORLD BLOOD DONOR DAY”

ON

WEDNESDAY, 14TH JUNE 2023

**CHIEF PATRON**

SHRI. S.N.V. L. NARASIMHARAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

**CONVENER**

Dr. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

**ORGANIZING SECRETARY**

Dr SRIPRIYA C

ASST PROFESSOR

DEPARTMENT OF PHARMACY PRACTICE

THE OXFORD COLLEGE OF PHARMACY



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### PREAMBLE:

The Oxford College of Pharmacy, Bengaluru, organized "WORLD BLOOD DONOR DAY 2023" with an aim to raise an awareness program to educate our staffs and students about the need for safe blood and blood products and to thank voluntary, unpaid blood donors for their life saving gifts of blood. The program was conducted on June 14th 2023. This day is celebrated on the birthday anniversary of Karl Landsteiner on June 14, 1868. Landsteiner was awarded the Nobel prize for his discovery of ABO blood group system.

In 2004, World Blood Donor Day was first distinguished by WHO. In 58th World Health Assembly, 2005 it was declared as annual global event to raise awareness about the importance of blood donation.

The Theme for 2023 World Blood donor day campaign is 'Give Blood, Give Plasma, Share Life, Share Often'. This theme reflects the important role blood donors play in maintaining the health and well-being of communities around the world.

Blood and plasma are essential in surgery and for treating many conditions such as trauma, cancer, immune disorders and coagulation disorders. They are also crucial for responding to emergencies and fighting against infectious diseases. However, many countries face challenges in ensuring adequate and safe blood supply for patients because of insufficient medical infrastructure and personal conflict or ongoing humanitarian crisis. On world blood donor day, we celebrate donors at the heroes they are. Every single donation can make difference for someone's life by giving blood or plasma you are not helping a patient but also their family and community.

### THE AWARENESS PROGRAM DELIVERED AS FOLLOWS:

The program was started with a welcome note by Dr Sripriya C, Program organizer followed by the inaugural address from Dr Padmaa M Paarakh, Principal, The Oxford College of pharmacy.

Dr. Parthasarathy G, HOD, Department of Pharmacy practice, was invited to talk about the Blood Donor Day. He was delivered about the importance of Blood donations.

The program has different sessions which is delivered by Dr Sripriya C. The first includes the objectives of the world blood donor day followed by who can give blood and what is the criteria for it as prescribed by WHO. Then follows what happens to the collected blood. And also explains the working of blood bank. And last explains the benefits of blood donations, it is not only the person who receive blood is benefited, but



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also the person who is giving blood benefited. And motivates the students to create awareness among society around them and encourage for active participation in life saving act

The program was attended by students of Pharm D, B. Pharm and D. Pharm. Around 60 participants including staffs and students of oxford college of Pharmacy were attended the program. After completing the program in campus students went outside the campus to create awareness in the society.

The organizer Dr Sripriya C concluded the program with vote of thanks. She thanked chairman Dr. S. N. V. L Narasimha Raju, The Oxford Group of Institutions, Dr. Padmaa M Paarakh, principal, The oxford college of pharmacy for organizing such an event and Dr. Parthasarathy G HOD, Department of Pharmacy practice. And to all the other faculties and students who participated in the event and helped in its successful completion of the event.

**No of participants:** 60 participants

**Schedule:** On 14th June 2023

Time Schedule	Programme
02:00 PM	"WORLD BLOOD DONOR DAY 2023"



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DEPARTMENT OF PHARMACY PRACTICE



## WORLD BLOOD DONOR DAY 2023

### 14-06-23

"GIVE BLOOD, GIVE PLASMA, SHARE LIFE, SHARE OFTEN"



Chief Patron

Shri. S N V L Narasimha Raju  
Chairman  
The Oxford Educational  
Institutions

Convener

Dr. Padmaa M Paarakh  
Principal  
The Oxford College of  
Pharmacy

Organizing Secretary

Dr Sripriya C  
Assistant Professor  
Dept of pharmacy practice  
The Oxford College of  
Pharmacy



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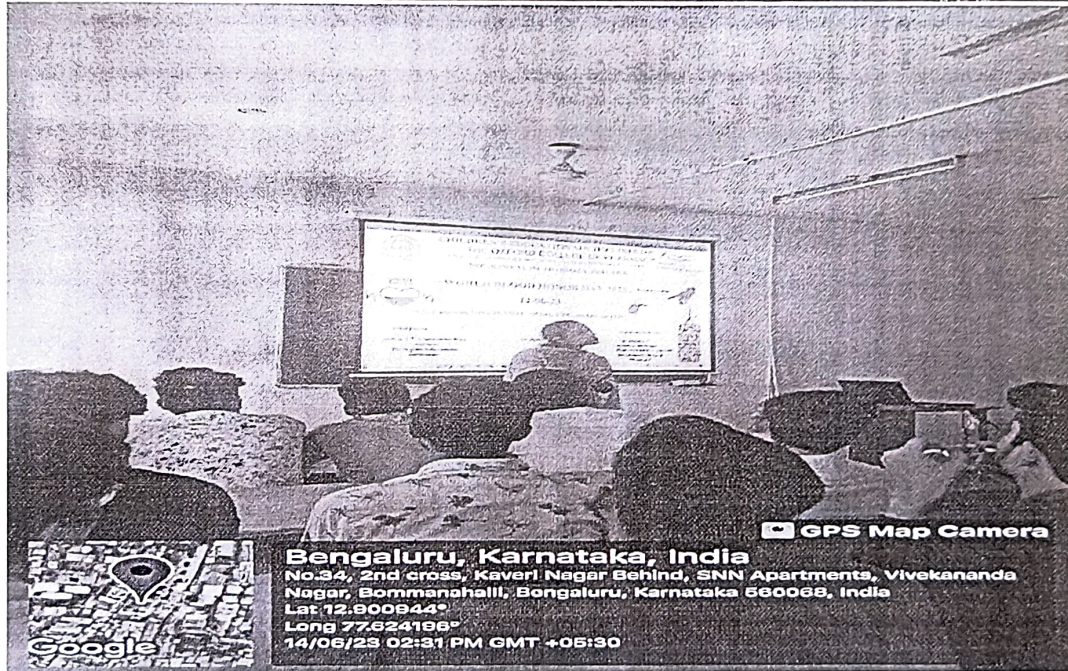
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 GPS Map Camera



**Bengaluru, Karnataka, India**  
41, Hongasandra, Bengaluru, Karnataka 560068, India  
Lat 12.899911°  
Long 77.627619°  
14/06/23 02:29 PM GMT +05:30



 GPS Map Camera



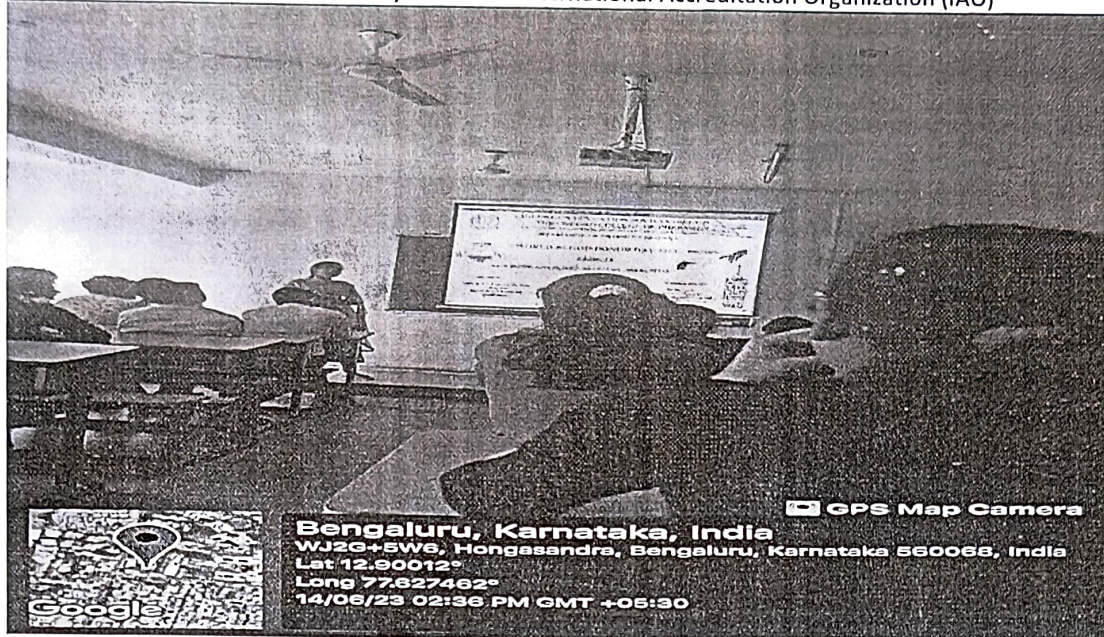
**Bengaluru, Karnataka, India**  
No.34, 2nd cross, Kaveri Nagar Behind, SNN Apartments, Vivekananda  
Nagar, Bommanahalli, Bengaluru, Karnataka 560068, India  
Lat 12.900944°  
Long 77.624198°  
14/06/23 02:31 PM GMT +05:30



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**Bengaluru, Karnataka, India**  
WJ2G+5W6, Hongasandra, Bengaluru, Karnataka 560068, India  
Lat 12.900125°  
Long 77.627462°  
14/06/23 02:36 PM GMT +05:30



**Attibele, Karnataka, India**  
6, Vani layout, Attibele, Karnataka 562107, India  
Lat 12.78298°  
Long 77.770419°  
14/06/23 11:24 AM GMT +05:30



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Students interacting with local community – Blood donor day



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### OUTCOME OF THE PROGRAMME

The outcomes and benefits of World blood donor day include saving lives, promoting health, raising awareness, fostering community spirit, and providing educational opportunities for students. The Oxford College of Pharmacy has organized the awareness programme which helped the students understand the importance of blood and its donation and encourage more people to donate blood. From this program , we can positively impact on society to involve in such programs. The students also got an opportunity to interact with common people and educate them about the blood donation as well as to create an awareness for the same. The public response was fascinated and welcoming. They thanked our students for educating them about blood donation.

END OF REPORT

P. Padma  
PRINCIPAL

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Bangalore - 560 068



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Date: 20/06/2023

## CIRCULAR

All the teaching, non-teaching and students of The Oxford College of Pharmacy are hereby informed that a Session On "INTERNATIONAL YOGA DAY OF 2023" will be conducted on 21/06/2023. We look forward for the active participation for the same.

*P. Padma*

PRINCIPAL

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NSS COMMITTEE, IQAC, BANGALORE

ORGANISED PROGRAMME

ON

“INTERNATIONAL YOGA DAY OF 2023”

ON

WEDNESDAY 21<sup>ST</sup> JUNE 2023

CHIEF PATRON

SHRI S. N. V. L NARASIMHA RAJU

CHAIRMAN

THE OXFORD GROUP OF INSTITUTIONS

PATRON

DR. PADMAA M PAARAKH

PRINCIPAL

THE OXFORD COLLEGE OF PHARMACY

ORGANISING SECRETARY

MRS. NAGALAKSHMI

ASSISTANT PROFESSOR

THE OXFORD COLLEGE OF PHARMACY

RESOURCE PERSON:

VIVEKANAND SAWARKAR

SAHAJA YOGA TRAINER

HEAD CORPORATE QUALITY, STRIDES

PHARMA SCIENCE

BANGALORE.





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## PREAMBLE

The Oxford College of Pharmacy, NSS Committee, IQAC, Bangalore conducted the session on "INTERNATIONAL YOGA DAY OF 2023" for the students and teaching faculties. As offline session became a part of the process, the event was organized in 4<sup>th</sup> floor health center. There were 50 students for this event from The Oxford College of Pharmacy. MR. VIVEKANAND SAWARKAR, Sahaja yoga trainer, Head Corporate Quality, Strides Pharma Science, Bangalore delivered lecture on "Sahaja yoga and meditation technique".

## THE CONTENT DELIVERED IN THE WEBINAR IS AS FOLLOWS

MR. VIVEKANAND SAWARKAR thanked Mataji Nirmla Devi for rediscovering sahaja yoga as holistic health care for people and this session helped us to focus on awakening the dormant primordial energy (Kundalini energy), whereby a flow of subtle cool cosmic vibrations in the body was achieved which nourished and rejuvenated each and every cell of the body. The event was ended with Q & A session where the participants asked few doubts regarding the Do's and Don'ts. There were around 60 participants.



GUEST SPEAKER

MR. PRASANTHAN  
SAHAJAYOGA TRAINER  
ASSOCIATE ARCHITECT  
BANGALORE.

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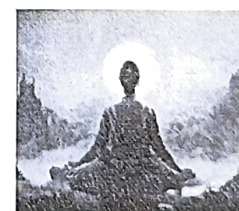
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CORDIALLY INVITE YOU ON OBSERVANCE OF  
"INTERNATIONAL YOGA DAY"

THE THEME OF 2023 IS  
"YOGA FOR VASUDHAIVA KUTUMBAKAM"

ON  
21<sup>ST</sup> JUNE 2023 AT 10:30 AM.



CHIEF PATRON

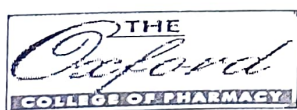
SRI. S.N.L. NARASIMHARAJU  
CHAIRMAN  
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CONVENER

DR. M PADMAAPAARAKH,  
PRINCIPAL,  
THE OXFORD COLLEGE OF PHARMACY

NSS COMMITTEE CO-ORDINATOR

MRS. NAGALAKSHMI  
ASSISTANT PROFESSOR  
NSS COMMITTEE CO-ORDINATOR  
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This programme is arranged to share the knowledge on the topic "Sahaja yoga and meditation technique" by Mr. VIVEKANAND SAWARKAR. The overall organization and deliverance of the session was helpful and satisfied the participants. After the program students went out to the local community and conveyed the importance of Yoga.

**ಏಳು ಚಕ್ರಗಳ ಮೂಲಕ ಪ್ರಯೋಗ**

ಏಳು ಚಕ್ರಗಳ ಮೂಲಕ ಪ್ರಯೋಗ ಮಾಡುವುದು, ಏಳು ಚಕ್ರಗಳ ಮೂಲಕ ಪ್ರಯೋಗ ಮಾಡುವುದು, ಏಳು ಚಕ್ರಗಳ ಮೂಲಕ ಪ್ರಯೋಗ ಮಾಡುವುದು.

ಏಳು ಚಕ್ರಗಳ ಮೂಲಕ ಪ್ರಯೋಗ ಮಾಡುವುದು, ಏಳು ಚಕ್ರಗಳ ಮೂಲಕ ಪ್ರಯೋಗ ಮಾಡುವುದು, ಏಳು ಚಕ್ರಗಳ ಮೂಲಕ ಪ್ರಯೋಗ ಮಾಡುವುದು.

**ಪ್ರತಿದಿನ 10 ನಿಮಿಷಗಳ ಧ್ಯಾನದ ಪ್ರಯೋಜನಗಳು**

ಧ್ಯಾನದ ಪ್ರಯೋಜನಗಳು, ಧ್ಯಾನದ ಪ್ರಯೋಜನಗಳು, ಧ್ಯಾನದ ಪ್ರಯೋಜನಗಳು.

**ಸಹಜ ಯೋಗ ಧ್ಯಾನ**

ಸಹಜ ಯೋಗ ಧ್ಯಾನ, ಸಹಜ ಯೋಗ ಧ್ಯಾನ, ಸಹಜ ಯೋಗ ಧ್ಯಾನ.

**ಸೂಕ್ಷ್ಮ ಯಂತ್ರದ ರಚನೆ**

ಸೂಕ್ಷ್ಮ ಯಂತ್ರದ ರಚನೆ, ಸೂಕ್ಷ್ಮ ಯಂತ್ರದ ರಚನೆ, ಸೂಕ್ಷ್ಮ ಯಂತ್ರದ ರಚನೆ.





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Lat 12.900251, Long 77.628284  
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Lat 12.900110, Long 77.628412  
06/21/2023 10:41 AM GMT+05:30  
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Lat 12.899848, Long 77.627499  
06/21/2023 02:09 PM GMT+05:30  
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Bommanahalli, Bengaluru, 560068, KA, India  
Lat 12.899979, Long 77.628087  
06/21/2023 10:46 AM GMT+05:30  
Note : Captured by GPS Map Camera



Bengaluru, KA, India  
Bommanahalli, Bengaluru, 560068, KA, India  
Lat 12.900185, Long 77.628085  
06/21/2023 02:10 PM GMT+05:30  
Note : Captured by GPS Map Camera



Bengaluru, KA, India  
Bommanahalli, Bengaluru, 560068, KA, India  
Lat 12.900089, Long 77.628402  
06/21/2023 02:09 PM GMT+05:30  
Note : Captured by GPS Map Camera



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e-mail: [pharmacyprincipal@theoxford.edu](mailto:pharmacyprincipal@theoxford.edu); [info@theoxford.edu](mailto:info@theoxford.edu);

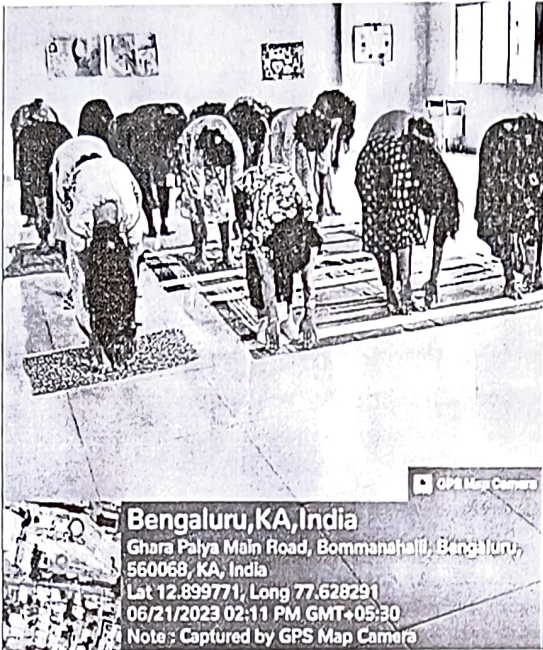


Children's Education Society (Regd.)

# The Oxford College of Pharmacy

(Recognised by the Govt. of Karnataka, Affiliated to Rajiv Gandhi University of Health Sciences, Karnataka; Approved by Pharmacy Council of India, New Delhi)

Accredited by NAAC and International Accreditation Organization (IAO)



(MR. VIVEKANAND SAWARKAR interacting with the faculties and students)



Students educating local community – Yoga Day



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## OUTCOME OF THE PROGRAMME

The session in the Yoga Day became a point of learning about the importance of physical exercise to keep up good health in the metro cities like Bangalore. It promotes physical fitness, enhances mental health, fosters community spirit, encourages environmental awareness, and provides educational opportunities. By embracing yoga as a way of life, individuals can lead more fulfilling and healthy lives, and society can benefit from a happier, more peaceful, and more connected community. The students and faculty also taken initiative to reach out local people and promoted awareness that how daily physical exercise can keep us healthy from various illnesses such as cardiac, respiratory problems, mental health, better sleep, relief from stress etc. Such efforts on behalf of the college were much appreciated by local communities.

END OF REPORT

P. Padma

PRINCIPAL

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